

**The best-dressed  
over-50s set**

**What we wear to  
look younger**



**Anna Murphy asks  
the style experts  
for their rules**



times2

## My restaurant tip? Stop paying extra for 'carbon free' dining

Carol Midgley

I am always wary of whingeing about tipping and the extras restaurants often put on bills. This is partly because I know margins are narrow but mostly because I'm worried that you will think me a miser who is tighter than a camel's bottom in a sandstorm and the sort of person who strips off the wallpaper when they move house. (Fun fact — I do know of someone who actually did this. I also know a couple who took the under-felt when they sold their property because "we only agreed to leave the carpets". The word is that they're so stingy, they only cry out of one eye.)

But I'll make an exception this week because one London restaurant seems to be taking the mick. It has "sparked outrage" after putting a £1.23 charge on the bill ... for "carbon free dining".

The diner put their bill online for all to see and asked others what they thought. With the 12.5 per cent service charge they had ended up paying £101.51 for an £89 meal. Some called it "sneaky". I'd call it a tax on social awkwardness. I mean, who is seriously going to make the waiter schlepp back to remove £1.23? It's like standing on your chair shouting, "No, I don't wish to counterbalance the environmental impact of my meal by planting a damned tree, my man! Now, find me a polar bear to shoot." I do kind of think that if the restaurant (in Islington) cared all that much about the planet it wouldn't be serving roast beef dinners (£27 a pop, FYI).



Anyway, this comes after a restaurant in London's Borough Market recently added a 50p charge to a bill as a "diversity role models donation". (Any clue? Me neither.) Obviously this is a tiny amount and the "diversity role models donation" was optional, as was the "carbon free dining" charge.

But my question is, why don't they make the chuffing donation? Instead it looks very much like they virtue-signal while passing the cost on to their customers. Or, as someone put it, "they get to be socially conscious — at your expense".

Last year a restaurant in Shoreditch added a £2.99 "checkout fee" because the diners had used the app Sunday to pay. Again, please don't think of me as the sort of whip-round dodger who is so mean they have a glass door on the fridge to make sure the light goes off. But there does

seem to be a sort of "extras by stealth" mission creep in life generally. I have complained in these pages before about online retailers asking for a tip when they sell you a hairbrush or a belt to "show your support for the team".

When I use the supermarket self-service till I am never going to say no when asked to round up the bill for charity or add on £1 for breast cancer. What kind of monster would do that? Also, to refuse might tempt fate. But supermarkets are multibillion-pound organisations. They can afford to give to charity without collecting pennies off customers. The other day I bought something on eBay and was asked to add a donation for something — possibly the Red Cross. Now who is ever going to deny the Red Cross? However, last time I checked eBay's net worth it was \$42 billion.

Some self-service tills in America now ask for a tip. This for scanning and packing your own stuff. JustGiving and suchlike suggest a hefty percentage of your donation as a tip for itself. Buy concert tickets online and you pay a booking fee even though you have done the work yourself, including printing out your own ticket.

I bet the house-seller who took that carpet underlay would give all of this very short shift. Then again, I did hear that he's so tight that when someone presses the doorbell, he makes his wife shout "ding dong".

## Four is the magic number

Forgive the noseey question but what's your "body count"? Namely the number of notches on your bedpost? If it's quite low, I have cheering news.

According to a poll by YouGov, the average number of sexual partners a Briton has in their lifetime is — drum roll — four. Yes!

No more need to enlarge matters, sir (so to speak). Not only that, most people see 20 partners as a very high amount. And it's seen as no biggie to have had only one.

Well. This is not the impression we're given in the porn/dating apps/Bonnie Blue gang bang age, is it? One gets the sense that everyone but us is at it like billy goats and would require a 52-seater coach to get all their conquests to the pub. And that's before they reach the age of 35. I recently heard one

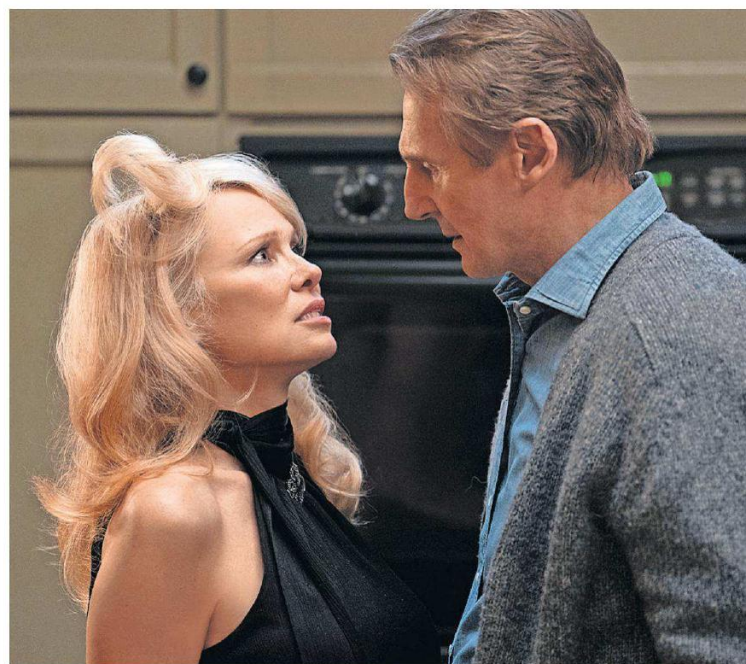
young woman who claims a large tally described thus: "She's seen more rubber than a flat hedgehog on the M1." Hmm, has she, though?

If the YouGov respondents are telling the truth, maybe it's all mythology, all part of "I'm a shag lord" personal PR. Maybe the reality is that people fake being a sex athlete when really they prefer a quiet night in painting miniature soldiers while wearing a head torch. Remember Nick Clegg saying he had

had "no more than 30" lovers? Ah, but that could also technically mean four, couldn't it?

I'm sure many will find it comforting that most people do not have a bedpost so notched it could be used as a toothpick and instead are so sex-starved they go to Starbucks just to hear someone shouting out their name. But this does all tee me up nicely for one of my favourite jokes: I asked my husband if I was the only one he'd ever been with. "Yes," he replied. "All the others were nines and tens."

# How to cheer



## Feeling gloomy? So-bad-they're-good comedies are everywhere this year as Hollywood falls for the funny blockbuster again. By Kevin Maher

Something strange is happening in cinema. Have you noticed? It's Liam Neeson delivering one-liners, sight gags and a very effective diarrhoea routine in *The Naked Gun*. Or it's Lindsay Lohan and Jamie Lee Curtis camping it up together as hipster teenagers in *Freakier Friday*. Or it's Christopher Guest as the ageing rocker Nigel Tufnel, awkwardly shredding a guitar solo in a tiny English pub in *Spinal Tap II: The End Continues*, out in September. Or it's Ariana Grande joining Robert De Niro for another *Meet the Parents* instalment, *Focker In-Law*. Or it's Bill Pullman in the *Star Wars* spoof *Spaceballs 2*, or Eddie Murphy in the new *Pink Panther*, or ... OK, we get it. Comedies are back. And it's been a while.

"I'm Liam Neeson, and every passing year more and more comedies go unseen, unmade and unquoted." That's how the 73-year-old star began a recent faux public service announcement that begged audiences to buy a cinema ticket for *The Naked Gun*, "so our children and hopefully their children too can one day enjoy watching a comedy in the theatre". The clip was just part of the film's zany promotional machine but it addressed a glaring absence of comedies in the multiplex ecosystem.

It's been more than a decade since comedies effectively disappeared from cinema screens, or at least since comedy impresarios such as Judd Apatow could turn everything from *The 40-Year-Old Virgin* to *Knocked Up* to *Bridesmaids* into box-office gold.

"What we witnessed is a migration of audiences to the small screen to get their comedy," says Paul Dergarabedian, senior media analyst for the data firm Comscore. "In order to spend their money, and take the time and effort to go out to the theatre, audiences wanted the larger-than-life experience of superhero movies, action movies and sci-fi movies."

In short, thanks to *Iron Man* and the rise of the streamers, a grand cinematic tradition that included the Marx Brothers, Woody Allen, Barbra Streisand, Monty Python, *Airplane!*, Austin Powers and *Wedding Crashers* had effectively been replaced by a faceless Netflix algorithm that was regularly pumping out joyless "laugh fests" such as *Mother of the Bride* and *Love & Gelato*.

The few comedies that did remain in cinemas, according to the *Naked Gun* producer (and *Family Guy* creator) Seth MacFarlane, weren't always recognisable as such. "We've been giving people broccoli and telling them it's a candy bar for the last ten years, as a lot of things called comedies now are most definitely not comedies," he said recently. "We've been offered comedies that are a little up their own asses, maybe a little inflated with a sense of their own importance."

MacFarlane, at the time, declined to name the "offenders" in question, but any search for key movie comedies of the past decade will throw up titles such as the social satire *Triangle of Sadness*, the love letter to creativity *The Banshees of Inisherin* and the environmental sermon *Don't Look Up*.



# up your summer — watch these



All great movies, yes, but not exactly Neeson doing a diarrhoea gag.

And that's another thing. This new wave of comedies is being described as "pure comedy", the films focused only on giggles and laughter, and notable for their delicate dance through the culture wars. There is not a single scene in either *The Naked Gun* or *Freakier Friday* that could aggravate either side of the foam-flecked clickerati. This is something that could not be said of the previous comedy wave: plenty of Apatow movies, even the best ones, involved whiny guys sitting around telling sexist jokes.

"Without getting into politics and stuff, we're all living in a culture, a society, where we're scared to speak and scared if we don't," Neeson said recently, noting that movies such as *The Naked Gun*, like "gargoyles in cathedrals", are here to remind us, "Come on, don't take yourself too seriously. The film is a giggle and we need that."

Neeson's point is underscored by the *Freakier Friday* director Nisha Ganatra, who sees this comedy resurgence as a reflection of wider collective yearnings. "It's my hope that people are craving a communal experience again and that laughing together with a group of people at a theatre is what makes people feel good," she tells me. "Especially in this time of uncertainty, comedies can provide relief. Laughing out loud is an energising experience with your friends or with total strangers. Everyone ends up feeling better."

The crucial question, however, is whether enough cinemagoing audiences will turn up for comedy in a time of uncertainty. The box-office figures are in and *The Naked Gun* made \$28.3 million on its opening weekend. It has not, according to Dergarabedian, "blown the doors off", but it is a solid beginning that, combined with positive scores and exit polls, suggests word-of-mouth may sustain a healthy commercial run.

**Jamie Lee Curtis and Lindsay Lohan in *Freakier Friday*. Above left: Pamela Anderson and Liam Neeson in *The Naked Gun***

**“For the past ten years a lot of things called comedies have not been comedies**

***The Naked Gun* is in cinemas; *Freakier Friday* is in cinemas from Fri; *Happy Gilmore 2* is on Netflix**

What it really means, Dergarabedian says, is that all attention now falls on *Freakier Friday*, which opens this weekend. If that's a hit, then the new multiplex comedy wave continues apace. If not, expect to be watching Murphy's *Pink Panther* on Netflix next year.

"If there's a crisis of confidence that's happening with movie comedy it's simply because putting a comedy into a movie theatre is more expensive than going to streaming," Dergarabedian says. "There's a worldwide marketing push involved with a theatrical release that's a whole different animal to just going into streaming." Latest figures suggest that marketing a Hollywood film globally costs as "little" as \$35 million and as much as \$200 million.

It explains why Adam Sandler famously signed his first four-movie Netflix deal in 2014 and why his new film, *Happy Gilmore 2*, a sequel to the big-screen golf comedy from 1996, has been released on Netflix only. It also explains why Sandler's most recent four-movie deal with the streamer, signed last year, is alleged to have earned him \$275 million — it's clearly cheaper than pushing his films into the multiplex.

"And so, yes, it's a fragile market place but, thankfully, *The Naked Gun* did not bomb," Dergarabedian continues. "And if *Freakier Friday* makes \$40 million-plus domestically [in the US], that could be one that emboldens studios to get on board and hopefully open the door to more comedies."

In the meantime, if you fancy some quality toilet humour or a sweetly moving film with Lohan and Curtis playing teenagers, you should rush out and buy a ticket to your local multiplex. Because, as the great Liam Neeson says, it means that your children and their children will one day get to watch a comedy movie too, where it was meant to be seen: at the cinema.

## Side-splitters: ten classic silly comedies to stream

### **Marx Brothers — *A Night at the Opera* 1935**

There'd be no screwball comedy without the Marx Brothers. This is a romp that never pauses for breath, featuring an astonishing physical skit set in a cabin on a cruise liner ("and two-hard-boiled eggs"), the immortal gag "there ain't no such thing as a sanitary clause" and a climactic lampoon of Verdi's baffling *Il trovatore*. It's bliss. **Buy/rent**

### **Some Mothers Do Ave 'Em** 1973-78

Few characters are as infantile as Frank Spencer, below. For all his good intentions, and as he accidentally creates mayhem wherever he goes, he creates timeless funny farce. His DIY skills will end in systematic destruction of the room, reversing a car will somehow result in it hanging off a cliff edge ("You promise you won't be angry with me?" he asks his wife, Betty, nervously) — the man is a walking catastrophe in a tank top, and proof that dumbness doesn't age. **iPlayer**

### **Blazing Saddles** 1974

Who could watch a western — or eat baked beans — in the same way after seeing Mel Brooks's fantastically silly postmodern takedown of the genre? Packed with surreal gags and clever anachronisms, it featured a sublime central turn from Gene Wilder, but it's the campfire scene that many people remember. It was believed to have set a record for the number of on-screen farts. **Buy/rent**

### **Airplane!** 1980

Zucker, Abrahams and Zucker would become kings of the spoof with *Hot Shots!*, *Top Secret!* and the *Naked Gun* franchise, but this airline disaster comedy, arguably their daftest moment, was their breakthrough. **Buy/rent**

### **This Is Spinal Tap** 1984

So many expressions from this semi-improvised mock-rockumentary have entered the culture — "These go to 11"; "There's a thin line between clever and stupid" — that it can be hard to remember just how flaming funny it is. **Buy/rent**

### **Mr Bean** 1990-95

If we're talking daft comedy, there is no one dafter than Mr Bean. Rowan Atkinson is a silent clown, the entire series and its

films a vehicle for his gormless, rubber-faced facial expressions as he creates chaos. Where? Everywhere: in the dentist's chair, watching a scary film at the cinema, meeting the Queen in a line-up with a broken trouser zip. Admit it, you were laughing. **ITVX/Netflix/Prime Video**

### **Bottom** 1991-1995

Taking their *Young Ones* characters Richie Richard and Eddie Hitler and dropping them into a filthy flat in Hammersmith, Rik Mayall and Adrian Edmondson's sublime comedy is driven by the duo's ridiculous plots to make money and impress women, their perverted fantasies and an overfamiliarity that has long ago turned to contempt. **iPlayer**

### **Bowfinger** 1999

Perhaps the last gasp of out-and-out silliness from its writer and star, Steve Martin, and a reminder that Eddie Murphy is a performer of genius. Martin plays the never-say-die filmmaker Bobby Bowfinger and Murphy the paranoid superstar Kit Ramsey — whom Bowfinger films secretly on the streets of Hollywood after he refuses to star in his no-budget sci-fi thriller *Chubby Rain* — and his shy, hopeless twin-cum-body double. Ridiculous. Glorious. **Buy/rent**



### **Curb Your Enthusiasm** 1999-2024

Larry David, the brilliant *Seinfeld* co-creator and producer, was not a man for boundaries in the more than two decades in which he played a hyper-real version of himself. Every episode had him offending someone. Perhaps the silliest "I want to die" moment came when he placed an obituary tribute to his "beloved aunt". Only, of course, the "A" was accidentally switched for a "C". **Now**

### **They Came Together** 2014

David Wain's spoof bellyflopped on release, but it's a masterpiece. Paul Rudd is the corporate candy exec — "handsome but in a non-threatening way ... vaguely but not overtly Jewish" — who meets the single mother Amy Poehler, left with Rudd, who runs a not-for-profit candy store in New York. Every detail is smartly observed but, as with the best spoofs, you care what happens to these goons too. **Buy/rent**  
**Ben Dowell, Neil Fisher, Tim Glanfield, James Jackson, Dominic Maxwell and Ed Pottton**





## fashion

# The over-50s style experts: what

The clothes you choose can take years off your age. Fashion insiders tell **Anna Murphy** how they do it

I have been wanging on (technical term) about the impact the way you dress can have on how old you look since I was a veritable whippersnapper (for which read, about 40). So I couldn't be more delighted by the fact that I now have actual technology-fuelled findings to back me up.

Recently The Times pitted the facial age-estimation app Yoti against, well, actual people. One of the reasons Yoti won out over a sample of more than 130 people when it came to determining someone's true age was because it ignored factors that might best be summed up as context, from how confidently someone speaks, to their body language, by way of, yup, what they wear. Ha! Told you!

So what should you have in your wardrobe to help you to come across as youthful? (Very different, note, from trying to look young.) I asked some of the most stylish women *d'un certain âge* for their secrets.

## Samantha Cameron founder of Cefinn

I go for classic shapes, but in edgier leather, and combine with an undone cream silk shirt or a studded belt or shoes. Think Charlotte Rampling.

To ensure longer hems appear youthful, look for confident modern detailing such as an asymmetric cut, interesting sleeve or flattering pleats.

It's about wearing clothes that reflect your personality. Let a little of that misspent youth radiate through!

## Mariella Frostrup broadcaster and author

I think I'm quite conservative, which has served me well as I've grown older. Those earthy neutrals like cream and khaki and more block colours have always been my default. In fact I was laughing recently when I realised my off-duty country uniform of muddy green T-shirt, baggy jeans and a khaki jacket is the same outfit that was my teen go-to, and my mother's well into her seventies.

I avoid girly clothes these days. Flowery dresses and too many ruffles make me look like a slightly deranged Agatha Christie character rather than the "cute" they might once have been.

I'm less and less interested in high fashion and the ridiculous prices attached. I love the recent proliferation of small sustainable fashion companies headed by enterprising women. Aspiga is a favourite, plus Me+Em and Cefinn for workwear and Wyse London and Rise & Fall for fab sweaters.



**Rene  
Macdonald**

**Amanda  
Wakeley**

**Samantha  
Cameron**

**Paula  
Sutton**

## Wiggy Hindmarch founder of Wiggy Kit

Understanding your proportions is key to knowing whether to accentuate them or fudge them. I'm a big fan of misdirection. Say, for example, you have short legs, you can fudge the look by wearing something high-waisted.

Where the seams sit can also have a huge effect, almost painting on lines so as to slim the hips, shape the waist or whatever. The seams on the shoulder can either give you American football player vibes or feminine shoulders.

My hero pieces revolve around a "do-it-all" dress that can be worn both casually or dressily with a change of accessories, plus a statement jacket. I also like unusual statement skirts — the bedrock of my wardrobe whether it be summer or winter.

And don't get me started on the pocket placement of jeans. I often make mine without back pockets for this reason, but there will be a detail at the back which shapes the bum and the waist when you view from behind.

## Allegra Hicks artist and designer

I am a great believer in styling and accessories. Sometimes the same dress can look old and boring or fabulous and cool depending on what you wear with it. For evening I love to put on something simple with a piece of Lucia Odescalchi's costume jewellery ([luciaodescalchi.it](http://luciaodescalchi.it)).

I always dress according to my mood. I think the key is to feel good in your clothes and look natural. I spend my day in my studio and wear jeans a lot. At the moment my favourites are from JW Anderson x Uniqlo (£34.90, [uniqlo.com](http://uniqlo.com)). I also like T-shirts from Uniqlo and James Perse.

I go to the hairdresser for my cut and colour, but I prefer to dry my hair naturally. I think looking too "done up" makes you seem older. I never go in the sun and of course I always wear lipstick. Trinny London does great ones (from £24, [trinnylondon.com](http://trinnylondon.com)).



**Allegra  
Hicks**

## Clare Hornby founder of Me+Em

The key to looking and feeling youthful is to play with tension, by which I mean styling pieces together that may feel odd or oppositional but will actually ensure an outfit is modern.

Team a smart, polished piece with something casual in a high-low mix. If you want to build a tonal look, focus on a variety of textures so that there's a point of difference.

I think of it as a formula. If you start with a feminine piece such as a summer dress, pair it with something masculine like an oversized blazer. Even adding an unexpected accessory can do the trick. It's a very simple but consistently effective approach.

## Rene Macdonald founder of Lisou London

I'm a big believer in dressing exactly as you want to. Age should never be a barrier. In my experience [as you get



# we wear to look younger

COVER AND BELOW: GETTY IMAGES



**Kate  
Phelan**

**Clare  
Hornby**

**Wiggy  
Hindmarch**

**Mariella  
Frostrup**

## I've got the cult £35 trousers

Frankie Graddon

There's one item the style set want this summer and it's not a designer beach bag or bouji bikini. In fact, it's a pair of trousers that cost less than £40 and are available from a high street near you.

The £34.90 jersey barrel legs from Uniqlo ([uniqlo.com](https://www.uniqlo.com)) have strong hints of the Citizens of Humanity cult Marcelle cargos and are incredibly comfortable. I bought the size S and M, and while I ended up keeping both, I prefer the medium because the hang looks a little more expensive. If you're petite it's worth noting that Uniqlo offers free online alterations, so you can order them in your inseam length.

Here I'm wearing them with my Klayd bodysuit, which I love, but having got a different colourway recently with a gusset so skimpy it's painful, I fear a product redesign has been done. So instead I'm going to suggest Klayd's Square Long Tank (£40, [klayd.uk](https://www.klayd.uk)), which is made from the same sculpting fabric but has none of the cheese wire effect, or a slash-neck vest top from M&S (£750, [marksandspencer.com](https://www.marksandspencer.com)), which has a cool Nineties silhouette.

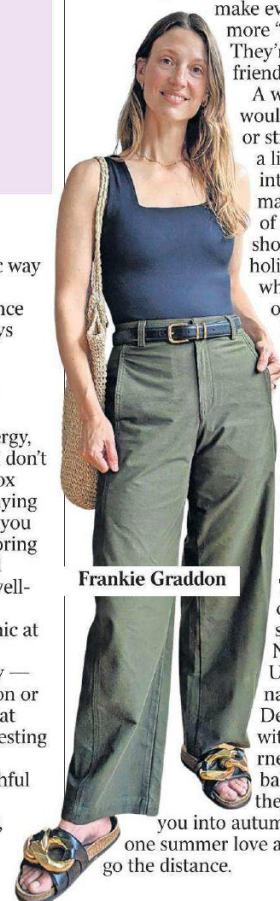
It's the ideal look for lunch out with the family or a quick drink with friends. Casual but with something to it, and a good switch for denim if you have jeans fatigue. The waistband of these trousers can really take a belt, and adding one is a simple way to make everything feel more "elevated". They're office-friendly too.

A white T-shirt would look great, or stripes to add a little extra interest and make you think of market shopping on holiday, especially when you sling on a basket bag.

I snapped mine up in June after seeing them on a glossy editor at a fashion event and have worn them repeatedly.

Switch your T-shirt for a cotton jumper such as With Nothing Underneath's navy striped Devon (£140, [withnothingunderneath.com](https://www.withnothingunderneath.com)), add ballet flats and they'll easily take

you into autumn. These are one summer love affair that will go the distance.



**Frankie Graddon**

older] you become more liberated to do exactly what you want. For me, my fifties has been incredible for that. In fact, it may well be my favourite decade so far.

Ensure that you feel comfortable and confident in whatever you wear. Colour really helps. I mean who isn't cheered up by seeing colour? It always makes me smile.

Try everything. Don't limit yourself. You may end up pleasantly surprised. Take baby steps with colour and print — perhaps a scarf or a shirt as a starting point — and work your way up from there. The act of getting dressed should be fun and playful.

I often say I'll never wear something and then, as my team always predicts, I end up wearing that very thing a few months later. Sometimes it's just about experimenting and getting yourself used to the idea. Who knows, one day I might wear Crocs ... though I doubt it.

**Paula Sutton influencer**  
@hillhousevintage and author  
I like classic, almost vintage shapes —

nipped-in waists and fit-and-flare skirts that I think suit everyone; good tailoring that fits the body well, be that shaped waistcoats or capri-pant style trousers; and dresses with interesting details and splashes of colour. I believe in dressing joyfully to be the best version of oneself. When we are happy and confident, it often projects a youthful air.

This is timeless, dopamine dressing that lifts the spirits, and makes you feel good ... Then who cares what age you are! The brands I love are Son de Flor, O Pioneers, Me+Em and Marks & Spencer.

**Kate Phelan creative director of Harvey Nichols and stylist. Former fashion director at Vogue**

I've loved fashion since an early age. What I wear today is essentially an updated version of what I wore in my twenties. Great tailoring, jeans and well-cut T-shirts are my go-to staples, timeless classics that have universal appeal and absolutely no age limit. I think the key is staying true to

“Great tailoring, jeans and a well-cut T-shirt have absolutely no age limit”

yourself, dressing in an authentic way without being a slave to fleeting trends. Style and a quiet confidence in what you're wearing will always be ageless.

**Amanda Wakeley fashion designer**

For me it's about confidence, energy, and how clothes make you feel. I don't believe in putting yourself in a box once you hit a certain age or denying yourself the joy of wearing what you feel good in. That said, good tailoring can instantly elevate posture and presence, while clean lines and well-cut silhouettes bring polish and modernity and make you look chic at any age.

I love using colour strategically — soft neutrals to lift the complexion or a bold accent to add verve. A great blazer is transformative, as is investing in timeless separates that move beautifully. Dressing to feel youthful isn't about chasing trends — it's about curating pieces that flatter, empower and let your inner confidence shine through.



## fashion

# The Vogue editor who will only wear dresses

I've found what I like and stick with it. Here's how I make that work, from office meetings to beach holidays. By **Jessica Diner**

I don't own a single pair of jeans and you wouldn't catch me in a trouser suit. My friends have long nicknamed me Dress Diner, and with good reason, because even though my day-to-day job revolves around trends, for as long as I can remember it has been dresses every day, every season, every occasion.

It's foolproof. A dress asks so little of you in the morning: it's one piece, pulled from a hanger, then out the door, looking pulled together. My wardrobe is bursting at the seams but every piece has earned its place. I buy newness, of course, but I rewear constantly: old favourites come out again and again, and they never lose their magic.

My style is demure, feminine, elevated. I'm 5ft 4in and I still find dresses the most flattering way to dress, especially when there are sleeves, a cinched waist and a midi or maxi length with enough shape to feel defined without being restrictive.

I only shop online — I love the efficiency of it all — and do so exclusively via the “dresses” category on Net-a-Porter or MyTheresa (my go-to retailers). I filter to midi or maxi, then scroll the new arrivals. The key is adaptability. I need a dress to see me through a morning meeting, a beach walk, a countryside picnic, even a black-tie event. A dress is never just a dress — it's all in how you wear it.

## The shirt shift dress

If there's one shape that consistently delivers, it's the shirt shift. I have many from Sézane in the same shape but different prints on heavy rotation — proof that when you find a shape that works, you should commit. The collar, combined with a structured silhouette and pulled in with a belt, makes for a look that is polished but not stiff. It's the effortless answer to mornings when I want to look pulled together without thinking too hard. A striped version from Anthropologie accrues no end of compliments.

## The does-it-all work dress

When I want to look like the most competent version of myself, gentle pleats and a cinched waist, like this Ulla Johnson, never fail. Its dresses manage to be smart enough for external meetings and soft enough for internal catch-ups. Me+Em is another

go-to: the tailoring and clever cuts strike that sweet spot between professional and flattering while feeling like something you want to wear all day (and all night).

## The co-ord

This is my shortcut to stretching a dress further: buying the separates of a co-ord then mix-and-matching them with other pieces in the wardrobe. I've done it with my favourites from Wiggy Kit and Sézane countless times, using a fine-knit poloneck underneath, or a blouse or chunky cardigan over the top. It's a way of getting more out of a piece you love without it feeling repetitive.

## The city-to-beach dress

My “picnic dress”, from Loeffler Randall, is the ultimate shape-shifter. I've worn it to the beach with sandals and sea salt-sprayed hair, in the British countryside with a straw hat and in the office with a blazer. It's proof that the right dress will adapt to wherever you are, rather than the other way around.

## The trans-seasonal dress

Doën makes some of the best dresses for year-round wear — soft voile cottons in micro florals that feel like air in summer but layer beautifully in winter. I have



**The does-it-all work dress**

Ulla Johnson Marte dress, now £175, shopbop.com



**The event dress**

Beulah



**The shirt shift dress**

Tobie dress, now £148, anthropologie.com



**The don't-save-for-best dress**

Alemais, brownthomas.com, £590



**The co-ord dress**

Folklore skirt, £375, and top, £345, wiggykit.com

more Doën dresses than I care to admit, but there is a white lace one that I wore on holiday recently. Come September I'll throw on a Breton or a chunky knit and it will feel entirely different. Just because you buy something in summer, do not

feel that you are limited to wearing it only then.

## The don't-save-for-best dress

For too long I kept investment pieces for special occasions, only for them to remain unworn or not get their dues.





The trans-seasonal dress

Gabriella dress, £374, shopdoen.com



The city-to-beach dress

Loeffler Randall

Recently I've started wearing them for the school run, for coffee, for Tuesday afternoons. Zimmermann, Alemais and Farm Rio beauties, dressed down with flat sandals or ballet pumps and an oversized tote — they bring a sense of occasion to the everyday.

### The event dress

Of course there's a place for showstoppers, the meaningful investments I know I'll always return to. I love independent British brands such as Beulah for their timeless silhouettes and beautiful fabrics, and you can never go wrong with a piece of Erdem. Call it a uniform or a one-trick pony — when you find a way of dressing that feels effortless, flattering and entirely you, why change? Jessica Diner is global beauty and wellness director of Vogue

# I'm addicted to Love Island at 38: it's my guilty pleasure

**Gen Z might be the show's target audience, but from the sunbeds to the fire pit I'm utterly hooked, says Clare Conway**

**I** watch *Love Island* in secret — in the kitchen while I'm making dinner or with my laptop propped up on the handles of my exercise bike in my bedroom. I might pedal half-heartedly and watch an argument unfold between one bikini-clad woman and another about who is the fake one, who is the one who "stands on business" and who will always "say it with my chest" (not what you think. Checks notes: something about speaking your truth).

When I told my colleagues this, even the twentysomething Gen Z ones looked aghast. *Love Island* is so 2019, they insisted. There hasn't been a good season since Molly-Mae left with Tommy Fury and a multimillion-pound career. And was I OK?

I don't know. Am I? I'm 38 years old. I wake up to Radio 4. Right now on my way into work I'm reading *The Marriage Portrait* by Maggie O'Farrell, a Women's Prize shortlisted novel. Or I'm scrolling one of three news apps on my phone. I'm keen on politics and current affairs. I spend my working days at my desk editing serious features. And I love love triangles.

Gen Z might be the target audience for the long-running ITVX reality series, whose 12th series finished this week. It was a runaway hit online this year: 13 million people follow *Love Island* accounts on social media and there were 87,000 video uploads on TikTok, 30-second clips watched in turn by millions. Yet I'll wager that a good portion of the stalwart 1.2 million traditional viewer figures (down from its 2019 peak of 6 million) are exhausted geriatric millennial mothers. It's the TV version of Melvyn Bragg's *In Our Time*. Reassuring, soporific, it asks nothing of me.

My husband and I work full-time, look after two kids under five and run a daily relay of nursery pick-ups and drop-offs, then trains to and from the office. We stare at departure boards and hope to God this one won't be delayed. By the time one of us is home and has reheated whatever dinner we've batch-cooked for the kids at the start of the week, done their bathtime, books and bedtime, I for one don't have it in me to watch a big, serious prestige drama.

Luckily for me, *Love Island* is on most nights and I can store up episodes. There's nothing easier than the endless repetition of hearing one contestant say earnestly and



Maya Jama, centre, with the *Love Island* series 12 winners, Cach Mercer and Toni Laites

pointlessly to the object of his affection around a fire pit: "You're beautiful inside and out." And there's nothing more inevitable than the narrative arc of the final weeks of the series, when the last couples all go "exclusive" and we see the ritual of women jumping up and down and congratulating whichever friend has just been "wifed off".

I even like the audacity of the show's bad boy Harry, who shakes his head whenever a new girl enters the villa. He might have told one woman their connection was "undeniable" but that was 30 minutes ago. Now he is about to flirt with this new bombshell. He

“**Love Island is the perfect dead-eyed content to watch passively**

turns to his fellow male contestants as he eases himself off the sunbed and says gleefully, regretfully, "This is no good."

I agree, it is no good. And yet *Love Island* is the perfect dead-eyed content to watch passively, between hauling

one mixed-up pile of still sodden laundry onto the side to sort through. I never watch it in real time, only ever an episode at a time a few days later on ITVX's catch-up, so I haven't yet seen the final in which (spoiler alert to self) Toni, the outspoken Vegas drinks girl, and Cach, the gentlemanly dancer from London, take home the £50,000 prize. Frankly, it doesn't matter to me who wins.

I feel somewhat vindicated that Caitlin Moran recently revealed on these pages that she is watching the show too. This series, she notes, has a particular undercurrent of misogyny. It's best captured by the phrase "you're trouble" — something the boys use on the girls all the time. It's a sinister compliment, the subtext being: "With your good looks, you've asked for this." And then there is their bad behaviour of playing one woman off against another. True to form, for much of the series the women argue among themselves, forgetting that the men are the cause of the fallout.

My husband can't stand *Love Island* and I hate watching it while he's in the room — the eye rolls and sighs are too annoying. He'd rather watch the Tour de France highlights.

That's when I retreat to my exercise bike for the belated next instalment of who's been dumped from the villa.



times2

# The secret story of my grandpa's life as a prisoner of war in Japan

As the 80th anniversary of VJ Day approaches, **Kate Adams**, the grandchild of Lieutenant Colonel Joe Hazel, reveals the horrific cruelty he witnessed after his regiment surrendered in 1942

Last year, while looking through my grandfather Joe Hazel's papers, which our mother had given to the Imperial War Museum, we discovered a small black notebook. It was written in a prisoner of war camp more than 80 years ago but its contents read more like a holiday brochure than a diary of the cruelties that PoWs had suffered at the hands of their Japanese captors during the Second World War.

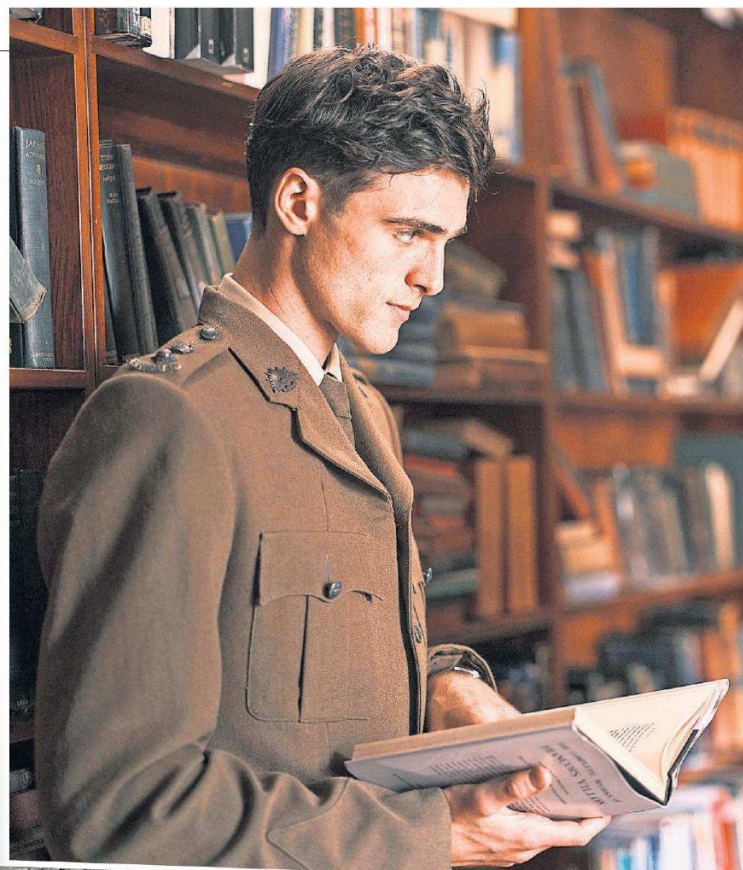
Each page lists holiday trips, with tips on places to stay, things to do and how to get there. "Glenbeigh Hotel — Shore of Dingle Bay, about 1 mile from sea, a lovely strand," reads one entry, in Joe's neat handwriting. "Good holiday for children but go in summer months to avoid rain."

For the despondent PoWs, sharing such memories was a way of escaping the misery of camp life, about which Grandpa, then a lieutenant colonel, kept records disguised as letters to his wife. These were carefully hidden in the barracks, because recording such memories placed PoWs at risk of harsh punishment.

Next week marks the 80th anniversary of VJ — Victory over Japan — Day when Japan surrendered. In the run-up to it the BBC has been broadcasting *The Narrow Road to the Deep North*, a drama based on the brutal experiences of some of the 200,000 Allied PoWs interned by the Japanese, who did not adhere to the rules of the Geneva Convention. Forced into labour on projects such as the notorious Burma railway, they were starved, suffered arbitrary beatings and died in their thousands.

A literary man, Joe used poetry to deal with the trauma of loss. My sister Caroline spent years trying to track down the descendants of George Allen Cobb, a gunner whom Joe watched die of dysentery. Joe wrote verse about Cobb, sick and dreaming of the church spires of home, longing for the wife he

**Clockwise from right: Joe Hazel; Jacob Elordi and Odessa Young in *The Narrow Road to the Deep North*; American soldiers captured by the Japanese during the Battle of Java; Hazel with his daughter and father in 1937**



left behind. The poem ends: "Six feet of foreign earth is all your keep. All that you had is given, sleep, soldier, sleep." Caroline eventually found the children and widow of George's great-nephew in Nottinghamshire and passed on the poem.

My grandfather was 34 when, in September 1941, he left his home in Montacute, a small village in Somerset, to join the 6th Heavy Anti-Aircraft Regiment as a major in the Royal Artillery. He had joined the Territorial Army aged 18 in 1926. By the time he was called up to serve in the war he was working as a trainee solicitor in the family law practice in the City of London. He had one daughter, my mother Clare, aged six, and his wife, Ivy, my grandmother, was heavily pregnant with their second child. My Uncle Mike was born a month after Grandpa left home.

His regiment had been destined for the Middle East, but when Japan entered the war after the bombing of Pearl Harbor, it was diverted to Singapore and then Sumatra. The Allied forces were no match for their adversary and when the Dutch colony of Java fell in March 1942, Grandpa's regiment surrendered.

After spending months in a PoW camp in Java, Joe was among more than 1,000 soldiers who boarded the prison ship *Singapore Maru*, bound for Japan. Many soldiers, weakened by malnutrition and other tropical diseases, were in no state to travel. Senior British officers made representations to the Japanese authorities to little avail. In overcrowded conditions, with few

latrines or washing facilities, outbreaks of dysentery proved devastating. After a five-week voyage only two thirds of the PoWs disembarked.

Throughout this time my grandmother was unaware of her husband's fate. My mother recalls her visiting a clairvoyant in Yeovil, who assured her that Joe was still alive.

In Japan Grandpa was transferred to Fukuoka 10 camp. As the senior British officer he was the buffer between the camp regime and his men, who raised complaints when they were made to work in a local coalmine with only three days off a month. He also supported pleas from doctors when someone was deemed too ill to work and sometimes he took blows for defending his men.

Grandpa and some others were later relocated to Zentsuji, where he would spend the next two years alongside American, Australian, New Zealand and Dutch PoWs. As Japanese camps went this was one of the better ones as it was used by the Japanese for propaganda purposes. There were some visits by the International Red

Cross when aid parcels were put out on display, only to be looted by the guards once the visitors left.

In May 1943 a telegram finally reached our grandmother with news that her husband was a prisoner of war. Communicating with him was difficult. Few letters got through to the PoWs. They all needed to be typed so that they could go through censors, which could take up to six months. That December Joe wrote to his wife: "Still no news from home and I am very anxious to hear how you all are. I hope you are getting my pay."

The officers tended the camp's vegetable plots but saw little of what they grew. They were also assigned duties such as cleaning the latrines and the compound, and guard duties. For this they got half rations.

The guards were erratic and unpredictable, dishing out beatings for the slightest transgression. One officer was hit for not looking submissive enough during an inspection. Men could be beaten for lying down during rest periods. They lived in a perpetual state of fear.

**“A literary man, Joe used poetry to deal with the trauma of loss**





The dormitories were infested with lice, bed bugs and fleas. The meagre rice rations contained worms, weevils and gravel. Later, as the Allies sank more and more supply boats, the local population also began to starve.

In June 1945, after the end of the war in Europe, the Japanese feared invasion so the camp was dispersed and some of the prisoners were moved inland to Mitsuishima camp. There was a fear among the men that as PoWs they would be killed, but three months later they were finally liberated. By the time he was freed Grandpa's weight had halved to six stone.

Mum remembers Grandpa saying that his first meal on the US destroyer that rescued them was scrambled egg on toast. They returned via Canada because time was needed to supervise their renourishment to avoid refeeding syndrome, which can be fatal.

Our Uncle Mike recalls his father's arrival home to their house in Montacute in November 1945. Grandpa was apparently taken aback when his son didn't recognise him. In his journal Mike said that Granny had

been hoarding food for his return in anticipation of an emaciated figure on the doorstep. But American and Canadian care had resulted in him being slightly overweight, if anything.

Grandpa later gathered the recipes he'd written down from other PoWs and planned a postwar gourmet tour around Britain. We recently cooked three of his many listed recipes: Malay curry, sausage pie and tuna rice bake made with condensed cream of mushroom soup. All tasted better than we feared — hearty wholesome meals for starving stomachs.

Grandpa wrote an account of his treatment by the Japanese for the War Crimes Commission, and Mum recalls him spending most evenings writing letters, attempting to right wrongs suffered by the men and families under his command.

A mother from Leeds wrote to ask whether anyone was with her son when he died. Grandpa replied, explaining that her son had caught dysentery on the boat and that a medical orderly had told him the man had died soon after arriving in Japan.

Joe would receive occasional visits from men who gave him credit for their survival. The bonds he formed lasted the rest of his life. He maintained correspondence with a number of Americans and was a staunch supporter of Fepows, the Far East Prisoners of War Association. Grandpa never appeared to bear a grudge against the Japanese, and he did observe that the Japanese command treated their own soldiers little better than the prisoners.

Modest almost to a fault, Grandpa rarely talked about his Far East experience, yet it was a heavy presence in our family. I remember a kind and devout Catholic man who was a caring and solicitous grandfather. He missed Mass one Christmas when I was ill with tonsillitis and patiently played Mousetrap with four-year-old me, but the past was never far away. We remember how he would meticulously and repetitively wash and dry a milk jug, which Granny explained was a hangover from all the disease he witnessed in those years.

Later in life Grandpa was a heavy drinker, as many former PoWs were. Still, Mum and her brother felt they were fortunate as a family in that he appeared to suffer minimal physical and psychological effects from his ordeal. Mum believed that a sense of humour played an important part in his survival but that his war experience contributed to the heart attack that killed him in 1980. He died at home in his bed, aged 73. I was 12.

Forty-five years on, my sisters and I — Joe's three granddaughters — decided to mark the VJ anniversary by visiting the Irish destination he'd dreamt about in his PoW notebook.

A slate-roofed former coaching inn, Glenbeigh Hotel has changed little since Joe wrote about it. Inside it still has some of the original fireplaces and a faded elegance. Staff were both moved and captivated when they saw the original of Grandpa's written page describing their workplace.

We experienced first-hand the "shore of Dingle" Grandpa noted in his book, swimming and jumping in the Atlantic rollers with a spectacular hilly backdrop. And we followed Grandpa's advice about Glenbeigh, by going "in the summer months to avoid rain" — then smiled to ourselves as we left the hotel in drizzle.

## Six months on from my accident, I've not got on a Lime bike again

Is the tide turning against them, asks Flora Henry

Six months ago I was hit by a car while riding a Lime bike. I was cycling home after a late netball match in a quiet residential area of south London. It was dark but dry and it was a journey I'd made hundreds of times before. I wasn't wearing a helmet — I never did when I got Lime bikes. I had nearly crossed a mini roundabout when a driver coming from my left failed to stop, hitting the back of my bike and sending me catapulting me over the handlebars.

I broke my wrist, my jaw and chipped my front teeth. I'm going to require dental work for the rest of my life. I was signed off work for six weeks. It was at least two months before I felt slightly more like myself again. I still get a little pang of nervousness crossing a road when I see a Lime bike coming. And I still haven't got back on a bike.

That's why the decision by Hounslow council to stop Lime ebikes operating in the borough appeals to me. Although less about rider behaviour on the roads and more about parking issues (alternative contracts have been offered to the rental firms Forest and Voi, with "stricter enforcement for designated bay use" cited as a reason), it feels like sanity is starting to prevail.

The driver who hit me claims she didn't see me, that I "came out of nowhere". I guess if I'd been on my normal bike (which had a puncture, hence the Lime), I would have been travelling at a slower pace and therefore more visible to others, or I'd have been able to swerve before she crossed. I don't hate Lime bikes but I fear them now.

**“I see riders on phones, listening to music, even rolling cigarettes**

While in many ways they've positively transformed our mobility across the city, they're big and heavy and fast. Anyone can get on one, and it feels like they leave them anywhere. As an able-bodied person I can walk around the scattered ebikes left on my road but I often think of how this affects wheelchair users, parents with prams, the elderly and people with disabilities.

Since my accident, multiple friends have also had incidents, as riders and pedestrians. With summer weather



Flora Henry

making buses and trains far less desirable, more people are going to choose a Lime bike — thus more potential for accidents.

Am I convinced things will be that different with Forest and Voi bikes? I don't know. It's good to see moves toward stricter parking systems but will that really stop people from riding recklessly? Banning one brand doesn't fix the problem, it just passes it on.

For me, it's not so much the product that's inherently dangerous but how people use it. I often see riders on their phones, listening to music, even rolling a cigarette, completely absorbed in their bubble. Red lights and zebra crossings seem optional. And for pedestrians, these heavier, faster bikes leave a fraction of the reaction time compared with non-electric bikes.

Riders need to understand that while we feel free and protected, the power is illusory. We're not in a car, it's still a bike, and our bodies are vulnerable. While the ban might ease frustration in the short term, it doesn't solve the bigger issue of integrating technological advances into city travel. Cities need to adapt, not just restrict. If councils don't tackle the root behaviours and infrastructure gaps, we'll be here again in six months with a different logo.

As long as we treat these bikes as a quick fix — for cities, for commuters, for climate goals — without properly integrating them into how we move and live, we're asking for more accidents, more frustration and more bans. We need to fix the system before the fear outweighs the convenience and people like me never get back on.



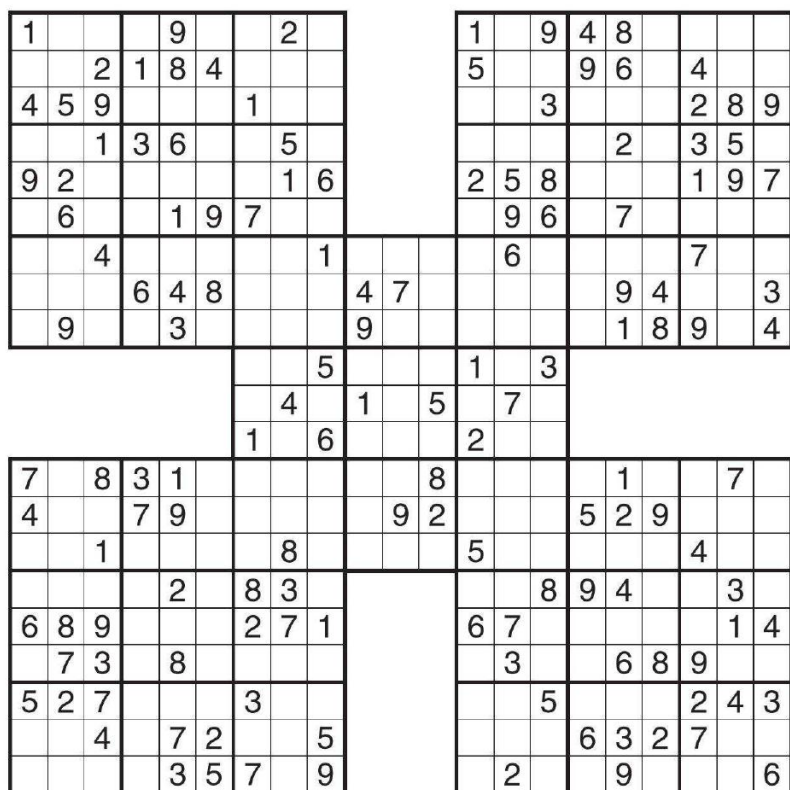
# Your weekday brain boost

**More puzzles**  
Pages 14-16

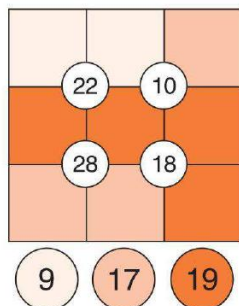
**Every day, Monday to Thursday, a page of extra puzzles to give your brain an extended workout**

## Samurai difficult

Fill each grid so that every column, every row and every 3x3 box contains the digits 1 to 9. Where the puzzles overlap, the rows and columns do not go beyond their usual length.



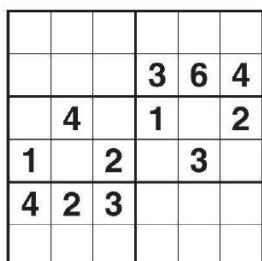
## Suko



Place the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of the four surrounding spaces, and each colour total is correct

## Mini Sudoku

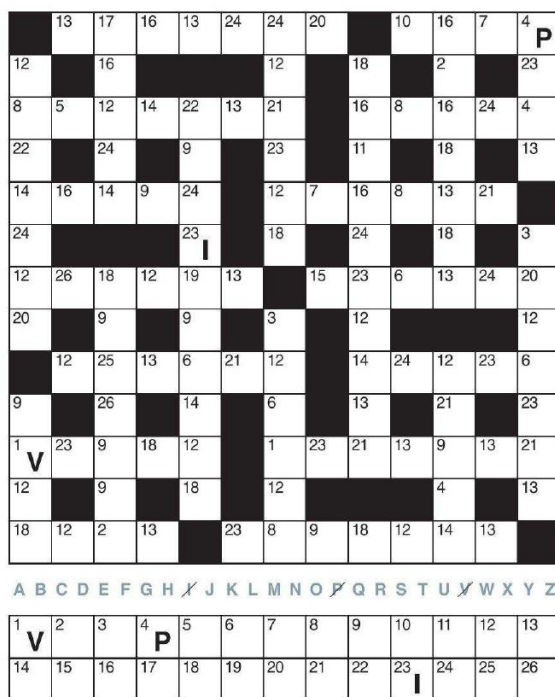
Fill in the grid so that every column, every row and every 3x2 box contains the digits 1 to 6



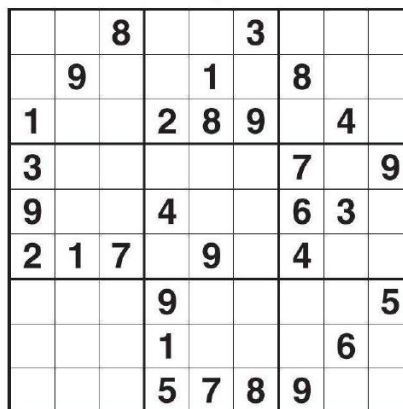
**Solutions in tomorrow's Times2**

## Codeword

Every letter in the crossword-style grid, right, is represented by a number from 1 to 26. Each letter of the alphabet appears in the grid at least once. Use the letters already provided to work out the identity of further letters. Enter letters in the main grid and the smaller reference grid until all 26 letters of the alphabet have been accounted for. Proper nouns are excluded.

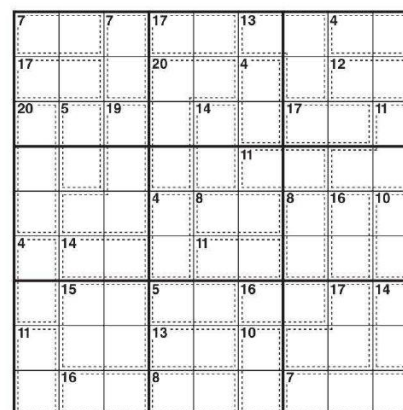


## Sudoku easy



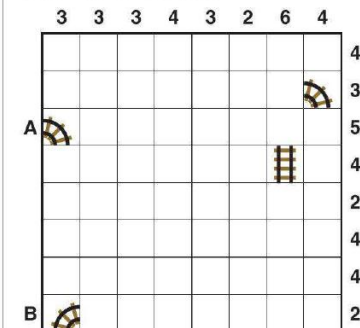
## Killer gentle

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9. Each set of cells joined by dotted lines must add up to the target number in its top-left corner. Within each set of cells joined by dotted lines, a digit cannot be repeated.



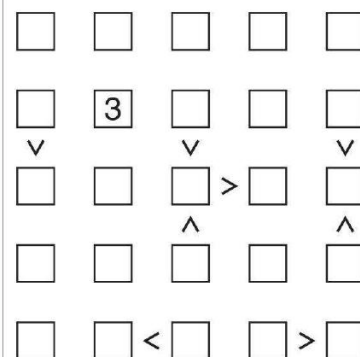
## Train Tracks

Lay tracks to enable the train to travel from village A to village B. The numbers indicate how many sections of track go in each row and column. There are only straight sections and curved sections. The track cannot cross itself.

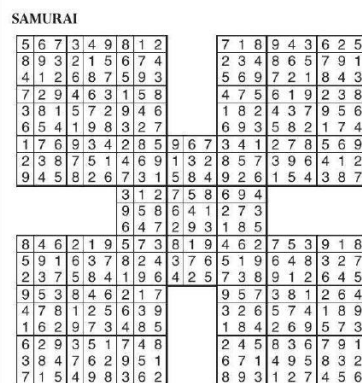


## Futoshiki

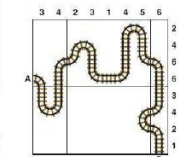
Fill the blank squares so that every row and column contains each of the numbers 1 to 5 once only. The symbols between the squares indicate whether a number is larger ( $>$ ) or smaller ( $<$ ) than the number next to it.



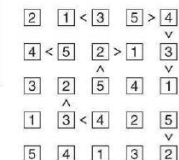
## Yesterday's solutions



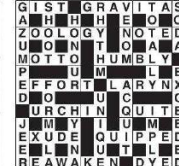
## TRAIN TRACKS



## FUTOSHIKI



## CODEWORD





# Rogen returns in a show more com than rom

## James Jackson TV review



**Platonic**  
Apple TV+

★★★★☆

When Harry met Sally he couldn't have known that he was about to prompt the most famous question of all to be posed by a rom-com. Can a man and a woman ever be just friends? That film seemed to conclude that they can't. The sex part got in the way and — 46-year-old spoiler alert — Harry and Sally ended up as the couple they were destined to be.

When *Harry Met Sally* ... is a beloved film but, let's be honest, who didn't wonder if that notion wasn't simplistic nonsense? Almost as if to provide proof comes *Platonic*, back for a

second series on Apple TV+ and reuniting the *Bad Neighbours* co-stars Rose Byrne and Seth Rogen as Sylvia and Will, pals who reconnect in midlife after years apart and become friends all over again. Just good friends, mind — there's never the merest whiff that romance could get in the way, even as they spark off each other, bicker adorably and yell at each other, during one purely platonic tiff. "We need to take a break!"

In fact, to even say that *Platonic* is perceptive about male-female friendships seems off the mark, because it is actually more casually perceptive about other stuff: work-life balance, relationships, modern midlife crises. It's not a rom-com, but a "com".

This being Seth Rogen, it does, of course, have a very Seth Rogen vibe — the LA slacker shtick, the smart but slightly bro-ish coarseness, that strangled "heh-heh-heh" laugh. Just as much humour comes from Byrne's expressive face as she reacts to each awkward situation with crazed poses of wide-eyed incredulity or rictus smiles. She is a very funny woman.

Will, a hipster brewer, is now engaged to the wealthy Jenna, and Sylvia is put in the middle of the mismatched couple after being made their wedding planner. When Will confesses to Sylvia that he has a crush on a girl at his local sandwich shop, Sylvia doesn't want to know, because



Rose Byrne and Seth Rogen are still best buddies in series two

she doesn't want to blow up his nuptials. Clearly this won't end well.

Those kind of dilemmas occur throughout. Can Sylvia be friends with her best friend's bride, particularly when she hates her? Sylvia is advised: "It doesn't mean she can't be the kind of friend that you intend to get a drink with but never do." The series is full of one-liners flitting by. Will says of a swish members' club: "It was very bouji. People kept saying Harry Styles was there but I think it was just another balding guy in a dress."

Charlie, Sylvia's unfeasibly handsome husband, is having his own crisis and soon in therapy, his everyday conversation morphing into stuff about "communicating his truth" and "negative feedback loops". What remains most conspicuous, however, is how little problem he has with his wife spending half her time with Will, a mulleted man-child whose clothes look as if a paint factory exploded.

There didn't feel the need for ten episodes, but *Platonic*, for all its goofier escapades and people getting high (because it is Seth Rogen), is rather sophisticated in its exploration of relationship boundaries, of where the line falls when it comes to supporting a friend or partner in their ambitions versus putting your needs first.

In short, it's smart, funny and has more about it than your average "will they, won't they?" rom-com.



Radio choice

### Stuart Mitchell's Cost of Dying Radio 4, 11pm

Gallows humour is the Scottish comedian Stuart Mitchell's strong suit. As part of his previous Radio 4 series, *Stuart Mitchell's Cost of Living*, he managed to riff on the death of his father from stomach cancer. (When a nurse told Mitchell's dying father his breathing would change as he approached the end, he replied, "I know — it'll stop.") But humour isn't the whole story: Mitchell, above, is part stand-up comedian and part comedy-enhanced life coach. For his new series he brings a taste for the absurd to discussions of end-of-life care, family funerals and what happens after we die. David Butcher

### Times Radio

Digital, web, smart speaker, app

**5.00am** Rosie Wright with Early Breakfast **6.00** Kate McCann and Stig Abell with Times Radio Breakfast **10.00** Hugo Rifkind **1.00pm** The Times at One with Tim Montgomerie **2.00** Jane Garvey and Fi Glover **4.00** Calum Macdonald with Times Radio Drive **7.00** The Evening Edition with Kait Borsay **10.00** Carole Walker **1.00am** The Best of Times Radio

### Radio 2

FM: 88-90.2 MHz

**6.30am** Scott Mills **9.30** Vernon Kay **12.00** Tina Daheley **2.00pm** Trevor Nelson **4.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whitley's Shiny Happy Playlist **7.30** Jo Whitley **9.00** The Folk Show with Mark Radcliffe **10.00** The Good Groove with DJ Spoony **12.00** Phil Williams **3.00am** Sounds of the 90s with Fearne Cotton (r) **4.00** Owain Wyn Evans

### Radio 3

FM: 90.2-92.4 MHz

**6.30am** Breakfast **9.30** Essential Classics **1.00pm** Classical Live Including the City of Birmingham Symphony Orchestra and the BBC National Orchestra of Wales at the Proms. Adams (*The Chairman Dances from Nixon in China*); Baciewicz (*Concerto for String Orchestra*); GF Handel (*The King Shall Rejoice*) and Gershwin (*Rhapsody in Blue*) **3.00** Choral Evensong From the Chapel of Royal Holloway, University of London, with the Rodolfus Choral Course, with music by Philip Stopford, Mathias and Rhiannon Randle

**4.00** Composer of the Week: Shostakovich (1906-1975) Donald Macleod explores the time Shostakovich spent after being evacuated from the besieged Leningrad to the city of Kuibyshev **5.00** In Tune **7.00** Classical Mixtape **7.30** Live BBC Proms Iván Fischer conducts a performance by the Budapest Festival Orchestra. Andrew McGregor presents from the Royal Albert Hall, London. Beethoven (Symphony No 7 in A) and Bartók (*Duke Bluebeard's Castle*) **10.00** Night Tracks **11.30** 'Round Midnight Sly5thAve selects a piece by pianist Robert Glasper (r) **12.30am** Through the Night

### Radio 4

FM: 92.4-94.6 MHz LW: 198kHz MW: 720 kHz

**5.00am** News Summary **5.04** BBC Inside Science (r) **5.34** Shipping Forecast **5.43** Prayer for the Day **5.45** Farming Today **6.00** Today **9.00** Sideways (4/8) **9.30** Shadow World: The Grave Robbers (5/5) **10.00** Woman's Hour **11.00** File on 4 Investigates (r) **11.40** This Week in History **11.45** The Autism Curve (3/5) (r) **12.04pm** You and Yours **1.00** The World at One **1.45** The Trip (3/10) **2.00** The Archers (r) **2.15** Drama: Faith, Hope and Glory By Carol Russell. With Danielle Vitalis. Concludes Thursday (2/3) **3.00** Reflections (1/4) (r) **3.30** The Hidden History of the Staircase (r) **4.00** Human Intelligence (3/15) (r)

### 4.15 The Media Show

**5.00 PM**

**6.00** Six O'Clock News **6.30** Oliver Callan Bins the Border Imagining what a united Ireland would look like (1/2) **7.00** The Archers Ruth makes a major decision **7.15** Front Row **8.00** AntiSocial(4/6) (r) **8.45** Cafe Hope Douglas Fraser talks about the community bus scheme in Glenfarg in Perthshire (3/5) (r) **9.00** Walt Disney: A Life in Films Walt Disney's archetypal fairy-tale romance *Cinderella* (6/10) (r) **9.30** Inside Health A look at health issues (6/9) (r) **10.00** The World Tonight With James Coomarasamy **10.45** Book at Bedtime: An Artist of the Floating World By Kazuo Ishiguro (3/10) **11.00** Choice Stuart Mitchell's Cost of Dying The comedian finds out the costs involved in dying (1/5) **11.15** Njamby McGrath: Becoming Njamby Kenyan-born comedian Njamby McGrath traces the roots of her upbringing (1/4) (r) **11.30** Ken Cheng: I Can School You The teaching of English (2/3) (r) **12.00** News and Weather **12.30am** The Autism Curve (r) **12.48** Shipping Forecast **1.00** As BBC World Service

### Radio 4 Extra

Digital only

**8.00am** Making the Best of It **8.30** I Didn't Get Where I am Today **8.45** Dance Till You Bleed: The World According to Hans Christian Andersen **9.00** Your Mum **9.30** Stuntz **9.45** Daily Service

### 10.00 Priestley's Postscripts

**11.00** A Murder of Quality by John Le Carre **11.30** Richard Barton: General Practitioner! **12.00** Smelling of Roses **12.30pm** Hancock's Half Hour **1.00** Making the Best of It **1.30** I Didn't Get Where I am Today **1.45** Dance Till You Bleed: The World According to Hans Christian Andersen **2.00** You Heard It Here First **2.30** The Circle **3.00** Stone **4.00** Priestley's Postscripts **5.00** A Murder of Quality by John Le Carre **5.30** Richard Barton: General Practitioner! **6.00** Smelling of Roses **6.30** Hancock's Half Hour **7.00** Making the Best of It **7.30** I Didn't Get Where I am Today **7.45** Dance Till You Bleed: The World According to Hans Christian Andersen **8.00** You Heard It Here First **8.30** The Circle **9.00** Stone **10.00** Your Mum **10.30** The Lawrence Sweeney Mix **11.00** Sandi Toksvig's Hygge **11.15** Facts and Fancies **11.30** Concrete Cow

### Radio 5 Live

MW: 693, 909

**5.00am** Wake Up to Money **6.00** 5 Live Breakfast **9.00** Nicky Campbell **11.00** Naga Munchetty **2.00pm** Matt Chorley **4.00** 5 Live Drive **7.00** 5 Live Sport **7.30** 5 Live Sport **9.00** Football Daily. How the Welsh FA are producing elite coaches **10.30** Tony Livesey **1.00am** Dotun Adebayo

### talkSPORT

MW: 1053, 1089 kHz

**5.00am** Early Sports Breakfast **6.00** talkSPORT Breakfast **10.00** Jim White and Simon Jordan **1.00pm** Hawksbee and Brooker **4.00** talkSPORT Drive with Ade Oladipo and Gabby Agbonlahor

**7.00** The Transfer Insiders **10.00** The Sports Bar **1.00am** Paul Ross

### Talk

Digital only

**6.00am** Mike Graham **10.00** Julia Hartley Brewer **1.00pm** Ian Collins **4.00** Peter Cardwell **7.00** Kevin O'Sullivan **10.00** Petrie Hosken **1.00am** Extra Time with Paul Ross

### 6 Music

Digital only

**5.00am** Chris Hawkins **7.00** Nick Grimshaw **10.00** Lauren Laverne **1.00pm** Craig Charles **4.00** Huw Stephens **7.00** New Music Fix **9.00** Riley & Coe **11.00** 6 Music Artist in Residence: Floating Points **12.00** Freak Zone Playlist **1.00am** From Mento to Lovers' Rock **3.00** 6 Music Live Hour **4.00** 6 Music's Jukebox

### Virgin Radio

Digital only

**6.30am** Emma B on The Chris Evans Breakfast Show **10.00** The Ryan Tubridy Show **1.00pm** Jayne Middlemiss **4.00** Ben Jones **5.00** Graeme Smith **10.00** Olivia Jones **1.00am** Sean Goldsmith **4.00** Steve Denyer

### Classic FM

FM: 100-102 MHz

**6.30am** Classic FM Breakfast with Dan Walker **9.00** The Classic FM Hall of Fame Hour with Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Relaxing Evenings **9.00** Classic FM's Composer Carousel with Zeb Soanes. Franz Schubert **10.00** Calm Classics **1.00am** Bill Overton **4.00** Early Breakfast



# television

## PICKS OF THE DAY

### MasterChef BBC1, 8pm

Well, this is awkward. Normally the appearance of a new series of *MasterChef* would be a source of joy for fans of imploding chocolate fondants and oddly arranged microherbs but this season arrives under a large cloud. It was filmed in 2024 before allegations of inappropriate behaviour were made against the presenter Gregg

Wallace, and before a claim that his co-host John Torode had used racist language was substantiated. Both were sacked from the show last month. While the decision to go ahead with broadcasting this series has been controversial, the BBC indicated that it wished to honour the time and work of the amateur cooks who participated in the contest. The future of the show is still unclear. What is apparent is that even those who choose to watch this series may no longer find it to their taste. **Victoria Segal**



MasterChef (BBC1, 8pm)

### Johnny Vegas: Art, ADHD and Me Channel 4, 9pm

The ostensible purpose of this two-part documentary, filmed over four years, is to follow the comedian Johnny Vegas as he pursues his dream of creating a piece of public art for his beloved home town of St Helens. However, it quickly becomes clear that this is not going to be a straightforward celebrity lark. Instead, it becomes a raw, sometimes painful portrait of the former art student, Vegas — real

name Michael Pennington — explaining the bleak reasons he let his alter ego take control and showing how his volatile energies sometimes play out less comically in real life. As his mental health (and later ADHD diagnosis) turn into a significant theme, it becomes a revelatory battle for art and mind. **VS**

### The Fortune Hotel ITV1, 9pm

Stephen Mangan returns as the

## BBC1

**6.00am** Breakfast  
**9.30am** Animal Park (AD)  
**10.15** Joanna Page's Wild Life (r)  
**10.45** Big Little Crimes (r)  
**11.15** Homes Under the Hammer (r) (AD)  
**12.15pm** Bargain Hunt (r) (AD)  
**1.00** BBC News at One; Weather  
**1.35** BBC Regional News; Weather  
**1.45** BBC News at One; Weather  
**2.00** Money for Nothing. Jacqui Joseph looks to upcycle a sewing table, dining chairs and a table and stool set (r)  
**2.45** Escape to the Country. Sonali Shah helps a couple search for a country home close to the coast in Hampshire (r) (AD)  
**3.45** The Bidding Room. A quirky crystal ball and a range of medical posters rescued from a skip are among the possible sales  
**4.30** Bridge of Lies. A group of family members takes part on the quiz show (r)  
**5.15** Pointless. Quiz show (r)  
**6.00** BBC News at Six; Weather  
**6.30** BBC Regional News; Weather

## BBC2

**6.30am** Animal Park (r) (AD)  
**7.15** The Bidding Room (r)  
**8.00** Sign Zone: Celebrity Antiques Road Trip. Treasures in Lancashire (r) (SL)  
**9.00** BBC News  
**1.00pm** Impossible. Quiz (r)  
**1.45** The Boss. Susan Calman hosts (r)  
**2.30** The Tournament. Knockout quiz (r)  
**3.15** Great British Menu. The two highest scoring chefs from the North West go head to head and cook their menus again (r)  
**4.15** World's Busiest Cities. The systems and people running the densely populated Mexican capital, Mexico City (r) (AD)  
**5.15** Flog It! A search for potential treasures at Chiddingstone Castle in Kent (r)  
**6.00** Richard Osman's House of Games. With Charlie Baker, Val McDermid, Martin Offiah and Rebecca Lucy Taylor (r)  
**6.30** Rick Stein's Food Stories. In Wales, Rick meets the farmer dodging Second World War bombs to raise salt marsh lamb, and goes night fishing on the river Tywi (r) (AD)

## ITV1

**6.00am** Good Morning Britain  
**9.00** Lorraine  
**10.00** This Morning  
**12.30pm** Loose Doctors  
**1.30** ITV News; Weather  
**1.55** Regional News; Weather  
**2.00** Celebrity Catchphrase. Nadine Coyle, Rick Edwards and Jake Wood guess well-known phrases for the chance to win a £50,000 prize for good causes (r) (AD)  
**3.00** Lingo. A pair of sisters from London, a man and his partner from Chester, and a building site manager and his fiancée from Rochdale compete (r); followed by Weather  
**4.00** Tipping Point. Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot (r)  
**5.00** The Chase. Contestants hailing from Doncaster, Bury St Edmunds, Caerphilly and Warrington take on one of the Chasers (r)  
**6.00** Regional News; Weather  
**6.30** ITV News; Weather

## Channel 4

**6.25am** Cheers (r)  
**8.10** The King of Queens (r) (AD)  
**9.10** Frasier (r) (AD)  
**11.10** Ramsay's Kitchen Nightmares USA. A struggling French bistro in New Jersey (r)  
**12.05pm** Channel 4 News Summary  
**12.10** A New Life in the Sun. In France, new plans and schemes end up keeping a pair of restaurateurs on their toes (r)  
**1.10** Car SOS. Fuzz Townshend and Tim Shaw renovate a 1978 JCB digger (r) (AD)  
**2.10** Countdown. Former athlete Steve Cram in this week's guest in Dictionary Corner  
**3.00** A Place in the Sun. Laura Hamilton helps a mother-and-daughter duo find a holiday home in Sarlat, France (r)  
**4.00** The Great House Giveaway. An air conditioning engineer and a bathroom fitter renovate a house in Greater Manchester (r)  
**5.00** Château DIY. Sarah and George complete their cellar conversion (r) (AD)  
**6.00** Sun, Sea and Selling Houses. A couple look to relocate from New York to Spain (r)

## 5

**6.00am** Milkshake!  
**9.15** Jeremy Vine  
**11.30** Storm Huntley with Matt Allwright  
**12.30pm** Vanessa  
**1.40** 5 News at Lunchtime  
**1.45** Home and Away. Theo's victorious sale proves to be short lived. Meanwhile, Harper and Tane work to collaborate, and Jo fumbles her first day on the job (r) (AD)  
**2.20** FILM: *Revenge for My Mother* (PG, TVM, 2022) When her new assistant secretly starts exacting revenge, the perfect world of a woman who teaches post-natal fitness is shattered. Thriller with Sami Nye  
**4.00** Bargain-Loving Brits in the Sun. Two bar owners hold a fundraiser and celebrate their 14th wedding anniversary (r) (AD)  
**5.00** 5 News at 5  
**6.00** A Yorkshire Farm. Rob and Dave Nicholson learn the traditional method of ploughing using 1930s equipment and horses with a professional ploughman (r)  
**6.55** 5 News Update

**7.00** *The One Show* Weekday magazine with Alex Jones and Vernon Kay

**7.30** *EastEnders* Howie takes matters into his own hands, Ross makes a worrying discovery, and Elaine joins forces with an unlikely ally (AD)

**8.00** *MasterChef* New series. The return of the cookery competition, as another group contestants are put through challenges to test not only their skills, but their knowledge of food. *See picks of the day* (AD)

**9.00** *Destination X* The European bus trip goes off-road and off the rails as the remaining players find themselves in another mystery country. As ever, host Rob Brydon has even more tricks up his sleeve (3/10) (AD)

**10.00** BBC News at Ten

**10.30** BBC Regional News and Weather

**10.40** *Chloe Ayling: My Unbelievable Kidnapping* The model shares the story of her 2017 abduction and tries to come to terms with what took place, and why many people refused to believe her story (1/3) (r) (AD)

**11.25** *Chloe Ayling: My Unbelievable Kidnapping* Chloe recalls leaving the farmhouse, uncertain of where she was being taken (2/3) (r) (AD)

**12.10am** *Chloe Ayling: My Unbelievable Kidnapping* The concluding part of the documentary looks at how, after escaping captivity, Chloe faced the ordeal of media scrutiny as what she hoped to bury as an embarrassing nightmare ignited global interest (r) (AD) **1.05-6.00** BBC News

**7.00** *SOS: Extreme Rescues* Emergency services team up in response to a gas explosion at a marina (4/12)

**7.30** *Grand Tours of Scotland's Rivers* Presenter Paul Murton follows the North Esk south of Edinburgh from the Pentland Hills (4/6) (r)

**8.00** *Digging for Britain* Alice Roberts visits digs in southern England that reveal a previously unknown Roman town, a Tudor ship and evidence of Henry VIII's financial forgery under the Tower of London (1/6) (r) (AD)

**9.00** *The Moors Murders: A Search for Justice* The analysis of new evidence in the case sheds light on why previous investigations have failed to find the remains of 12-year-old Keith Bennett (2/2) (AD)

**10.00** *Mortimer & Whitehouse: Gone Fishing* The duo head to North Uist in the Outer Hebrides (1/6) (r) (AD)

**10.30** *Newsnight* With Katie Razzall

**11.00** *Space Dive* Documentary about the Austrian skydiver Felix Baumgartner's parachute jump, when he became the first person to freefall through the sound barrier after leaping from a record-breaking height of 24 miles (r)

**12.30am** FILM: *Dear Evan Hansen* (12, 2021) Film adaptation of the Tony and Grammy Award-winning musical about Evan Hansen, a high-school senior with a social anxiety disorder. Starring Ben Platt, Julianne Moore and Amy Adams (AD) **2.40-3.40** Sign Zone: Uncanny (r) (AD, SL)

**7.30** *Emmerdale* Ruby, Manpreet and Lewis gossip, Charity reveals to Vanessa that she has been bleeding, and Vinny opens up to Aaron (AD)

**8.00** *Coronation Street* A stressful wedding day culminates in Bernie requiring an ambulance, while Debbie flouts protocol to propose to Ronnie, and Abi lies to Kevin in order to spend some time with Carl (AD)

**9.00** *The Fortune Hotel* New series. Game show hosted by Stephen Mangan in which 11 pairs of guests arrive at a luxury resort to play a high-stakes game of cat and mouse. *See picks of the day* (1/8) (AD)

**10.00** ITV News at Ten

**10.30** Regional News

**10.45** *Who Wants To Be A Millionaire? Celebrity Special* Richard Madeley and Sunetra Sarker compete on in the big-prize quiz, hoping to land a sizeable amount for their chosen charities. Presented by Jeremy Clarkson

**11.40** *The Fortune Hotel* This evening's edition of the game show hosted by Stephen Mangan (1/8) (r) (AD)

**12.30am** *Shop on TV* **3.00** *The Fortune Hotel* (r) (AD, SL) **3.50** *Unwind* with ITV **5.05-6.00** James Martin's Midweek Menu. James treats Lesley Waters to pasta and artichokes, serves up a mouth-watering coq au vin for Madness singer Suggs and gives a masterclass in cooking onions (r) (SL)

**7.00** Channel 4 News

**8.00** *Can't Sell, Must Sell* Sibling property developers Stuart and Scarlett Douglas are in the Midlands to transform a much-loved mock Tudor house and a property that is close to the owner's heart but drowning in the colour blue (AD)

**9.00** *Johnny Vegas: Art, ADHD and Me* The comedian sets out to create a piece of public art in St Helens — only for the project to hit a roadblock as he receives a life-changing diagnosis. Concludes tomorrow. *See picks of the day* (1/2) (AD)

**10.00** *Air India Crash: What Went Wrong?* Documentary seeking to unpack every aspect of the recent London-bound Air India Flight AI171 plane crash, in which 260 people died on board and on the ground. *See picks of the day* (AD)

**11.05** *First Dates* A 46-year-old former *Tailors* contestant admits that she is hopeless at flirting and turns to Fred Sirieix for a crash-course in romantic banter before a date with a self-confessed cheesy poet (r) (AD)

**12.05am** *Celebrity SAS: Who Dares Wins* (r) (AD, SL) **2.00** FILM: *Official Competition* (15, 2021) Comedy drama **3.50** Kirstie's Fill Your House for Free (r) **3.55** *Hotel Chocolat: Inside the Chocolate Factory* (r) (AD, SL) **4.50** *George Clarke's Amazing Spaces* (r) (AD, SL) **5.45-6.25** Countdown (r)

**7.00** *Somerset: Wonder of the West Country* A visit to Cheddar's famous gorge reveals how its world-famous cheese is made and the depths its makers go to get the flavour right. Plus, a visit to Dunster Castle (r)

**7.55** 5 News Update

**8.00** *Call the Bailiffs: Time to Pay Up* Enforcement agents team up with a locksmith, two security professionals and the police in order to remove a former footballer's one-time agent from a house the man didn't know he was the owner of (10/12) (AD)

**9.00** *Soldier: For King and Country* New series. Following the First Battalion Royal Welsh as they live, work and train. A Sergeant Major is given the task of mentoring the youngest recruits and challenges them to a relentless battle skills course in the Brecon Beacons (1/4)

**10.00** *Fare Dodgers: At War with the Law* Investigators search Surrey for a suspect who is thought to have evaded almost £20,000 of fares in one of South Western Railway's biggest ever fraud cases (r)

**11.05** *A&E After Dark* Medical staff see to an 11-year-old girl with a sliced open foot, a 77-year-old with a dislocated knee, and an 18-year-old who has suffered a broken hand (11/12) (r)

**12.05am** *Ambulance: Code Red* A double stabbing in Birmingham (r) (AD) **1.00** *PlayOJO Live Casino Show* **3.00** *Friends* (r) **3.50** *Warship: Life at Sea* (r) **4.35** *Paul Martin's Antiques Showdown* (r) (SL) **5.25** *Entertainment News* on 5 **5.35** *Fireman Sam* (r) (SL) **5.45-6.00** *Thomas* (r) (SL)



host of ITV's tropical take on *The Traitors*, where pairs of contestants compete in a game of dishonesty and bluff at a posh Caribbean hotel. Each couple is given a briefcase: one holds the £250,000 prize money, one has an "early check-out card" and the others contain blank paper. There are various briefcase swaps, and a big exchange at the end, where the order of the swap is dependent on how they do in the day's challenge. Who can keep hold of the cash?  
**Joe Clay**

### Air India Crash: What Went Wrong? Channel 4, 10pm

Evidence from aviation experts, air crash investigators and the first responders in India is used to "unpack every aspect" of the recent London-bound Air India Flight AI171 plane crash, in which 260 people died on board and on the ground, including 52 British nationals. Initial findings by Indian government investigators suggested pilot error, but there is also the possibility of a software or electrical

system failure. The stakes are high for the victims' families seeking answers and the plane's manufacturer, Boeing. **JC**

### STREAMING CHOICE

#### Wednesday Netflix

Tim Burton's reimagining of *The Addams Family* is reanimated for a second run. Jenna Ortega returns as Wednesday Addams, the implacably deadpan daughter of

Morticia (Catherine Zeta-Jones) and Gomez (Luis Guzmán). A new term at Nevermore Academy brings fresh challenges after the dark conspiracies of last season, with Wednesday's chirpy werewolf roommate Enid (Emma Myers) in seeming peril. That's not all that's new: a tremendous cast includes Joanna Lumley as Grandmama, Billie Piper as Capri, Lady Gaga as a mysterious teacher and Steve Buscemi as Nevermore's Principal Dort. Creepy, kooky, mysterious and — of course — spooky. **VS**

### FILM CHOICE

#### Black Sea (15, 2014) Film4, 11.35pm

Seal some Nazi bullion in a rusting Russian submarine. Submerge beneath the Black Sea. Allow the contents to come to a nice, rolling boil. This is the premise of *Black Sea*, starring Jude Law as a bitter former Royal Navy submariner who leads a mission to recover the gold. (112min)  
**Kate Muir**

## BBC4

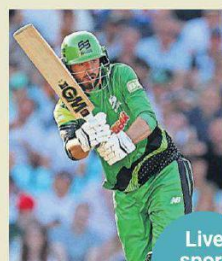
**7.00pm** Timothy Spall Back at Sea. The west of Scotland (4/4) (AD)  
**7.30** The Lakes with Paul Rose. Derwentwater and Borrowdale  
**8.00** Japan's Master of Restoration. Koji Mayuyama restores a ceramic horse from the Edo period (2/3)  
**8.50** Around the World in 80 Treasures. A look at the culture of Dogon country in Mali  
**9.00** Tribe. Bruce Parry meets the Adi people of the Himalayas (1/6)  
**10.00** Sherlock. Holmes and Watson investigate a seemingly impossible suicide (1/3) (AD)  
**11.30** Mark Lawson Talks to Mark Gatiss. An interview with the writer, actor and *League of Gentlemen* star  
**12.30am** Timothy Spall Back at Sea (AD) **1.00** The Lakes with Paul Rose **1.30** The Hijacker Who Vanished: The Mystery of DB Cooper — Storyville **2.55-3.55** Tribe (SL)

## Sky Arts

**6.00am** André Rieu: Power of Love  
**8.00** The Joy of Painting (AD) **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents (b/w)  
**11.00** The Directors **12.00** Discovering: Anthony Quinn (AD)  
**1.00pm** Tales of the Unexpected  
**2.00** Rudyard Kipling: A Secret Life (AD) **3.00** Bill Bailey's Master Crafters: The Next Generation (AD)  
**4.00** The Directors **5.00** Discovering: Joan Crawford (AD)  
**6.00** Tales of the Unexpected  
**7.00** Alfred Hitchcock Presents  
**8.00** Alec Guinness: A Class Act  
**10.00** Sean Connery vs James Bond. The actor's later career (AD)  
**11.15** Welcome to the Eighties  
**12.15am** Comedy Legends **1.15** The Lot of Fun: Where the Movies Learned to Laugh **2.15** The Art of Australia **3.30** Art of Architecture **4.30** Inside Art **5.00** Auction

## More4

**8.55am** Find It, Fix It, Flog It (AD)  
**10.00** A Place in the Sun **12.35pm** Come Dine with Me (AD) **3.10** Four in a Bed **5.55** Kirstie and Phil's Love It or List It. A home located in Wandsworth, south London (AD)  
**6.55** Grand Designs. The progress of a couple transforming a Victorian dairy into a family home (AD)  
**7.55** The Dog House. A family encounters two hounds that cannot be separated (5/9) (AD)  
**9.00** Grand Designs. Featuring a couple in Hackney who were having issues with their build (AD)  
**10.00** Location, Location, Location Australia. A couple want to move to Wollongong's beachside suburbs  
**11.05** 999: On the Front Line  
**12.05am** Emergency Helicopter Medics. Documentary series (AD)  
**1.10** 24 Hours in A&E (AD)  
**3.20-3.45** Food Unwrapped (AD)



James Vince of Southern Brave

Live sport today

**Live Men's Cycling**  
**TNT Sports 1, 11am-4.15pm**  
Coverage from the third stage of the Tour of Poland, a 161.6km route starting and ending in Walbrzych

**Live Cricket: Manchester Originals Women v Southern Brave Women**  
**Sky Sports Cricket, 2.45-6pm**  
(Start-time 3.00). Coverage of the Hundred match staged at Old Trafford, Manchester

**Live Men's Cycling**  
**TNT Sports 1, 4.15-5.30pm**  
The first stage of the Tour of l'Ain in France, a 163km route from Feillens to Lagnieu

**Live Cricket: Manchester Originals Men v Southern Brave Men**  
**Sky Sports Main Event, 6-9.30**  
(Start-time 6.30). Coverage of the Hundred match staged at Old Trafford, Manchester

**Live Tennis**  
**Sky Sports Tennis, 9.30-11pm**  
Day 11 of the ATP Canadian Open in Toronto and the WTA event staged in Montreal

## Talking Pictures

**6.00am** Stagecoach West (b/w)  
**7.05 FILM: Emergency (PG, 1962)** (b/w) **8.20 FILM: Carry On Spying (U, 1964)** (b/w) **10.05 FILM: The Walking Target (PG, 1960)** (b/w)  
**11.35 FILM: The Undeclared (PG, 1969)** **1.55pm** The Brothers **3.00** **FILM: The Drum (U, 1938)** **4.50** **FILM: Miranda (U, 1948)** (b/w)  
**6.25** Strange But True  
**7.00** Danger UXB. A time bomb is discovered at a gas works  
**8.05** Van der Valk (5/6)  
**9.05** Maigret. A man seeks the French detective's help, claiming his wife is plotting to murder him  
**11.00** Sex (Re)education (9/10)  
**11.30** Reckless. Romantic drama starring Robson Green (1/6)  
**12.35am** **FILM: The Challenge (12, 1960)** Crime thriller (b/w)  
**2.25** **FILM: Elmer Gantry (PG, 1960)**  
**5.25** Churchill's Secret Army

## Film4

**11.00am** The SpongeBob Movie: Sponge Out of Water (U, 2015) Animated comedy with the voice of Tom Kenny (AD) **12.50pm** Tooth Fairy (PG, 2010) Family comedy starring Dwayne Johnson (AD) **2.55** The Nevadan (U, 1950) Western starring Randolph Scott **4.35** The Wackiest Ship in the Army (U, 1960) Second World War-set comedy starring Jack Lemmon  
**6.40** **Ad Astra (12, 2019)** Sci-fi drama starring Brad Pitt (AD)  
**9.00** **Top Gun: Maverick (12, 2022)** Pete 'Maverick' Mitchell gets called back to the Top Gun academy, where he must train a new band of recruits for a deadly mission. Action drama starring Tom Cruise (AD)  
**11.35** **Black Sea (15, 2014)** Thriller starring Jude Law. See film choice  
**1.50am-4.00** The Night House (15, 2021) Horror starring Rebecca Hall

## BBC3

**7.00pm** The Agency: Unfiltered (AD)  
**7.30** The Agency: Unfiltered. The winner is announced (AD)  
**8.00** Top Gear. Building a car that can be turned into a hovercraft (AD)  
**9.00** Chloe Ayling: My Unbelievable Kidnapping. How, after escaping captivity, Chloe faced media scrutiny. Last in the series (AD)  
**9.50** Pretty Little Liars: Original Sin. As the carnival approaches, Mouse and Tabby struggle with secrets  
**10.40** Pretty Little Liars: Original Sin. Sidney is prompted to confront her daughter about a secret  
**11.30** Planet Sex with Cara Delevingne. The actor and model explores the idea of gender (4/6)  
**12.15am** Top Gear (AD) **1.15** Chloe Ayling: My Unbelievable Kidnapping (AD) **2.05** Zoners **2.20-4.00** A Good Girl's Guide to Murder (AD, SL)

## ITV2

**6.00am** CITV **7.45** Dinner Date (AD)  
**8.35** Georgia and Tommy: Baby Steps **9.30** The Only Way Is Essex  
**10.15** Real Housewives of Potomac  
**11.10** The Real Housewives of Salt Lake City **12.05pm** Dinner Date (AD)  
**1.05** Georgia and Tommy: Baby Steps **2.05** The Only Way Is Essex: Thailand **3.05** Million Dollar Listing: LA **4.00** The Real Housewives of Potomac **5.00** The Real Housewives of Salt Lake City. Reality series  
**6.00** Celebrity Catchphrase (AD)  
**7.00** Deal or No Deal  
**8.00** Million Dollar Listing: LA  
**9.00** Georgia and Tommy: Happy Essex After. Reality series  
**10.00** Botched. Cosmetic surgeries  
**11.00** Family Guy. Double bill (AD)  
**12.00** American Dad! (AD) **1.00am** Bob's Burgers (AD) **1.30-2.30** Karaoke Club: Drag Edition

## ITV3

**6.00am** Classic Emmerdale (AD)  
**7.00** Classic Coronation Street (AD)  
**8.10** Midsomer Murders (AD) **10.15** The Royal (AD) **11.20** Heartbeat (AD) **1.35pm** Classic Emmerdale (AD) **2.40** Classic Coronation Street (AD) **3.40** Midsomer Murders (AD) **5.50** Heartbeat. Rural drama (AD)  
**6.55** Heartbeat. A string of violent robberies occur in the village (AD)  
**8.00** Vera. Investigating the death of a pensioner found stabbed on a train, Vera follows the trail to a quiet town where clues appear to lead to one particular street (1/4) (AD)  
**10.00** Foyles War. The detective puts his retirement on hold to help a man who has been sentenced to hang for high treason (3/3) (AD)  
**11.50-1.50** Agatha Christie's Poirot. The Belgian sleuth is plunged into the world of global espionage (AD)

## Variations

**BBC1 N Ireland**  
**10.40pm** We Built a Zoo. TikTok star Kyle Thomas builds a sanctuary for his animals (r) **11.40** Chloe Ayling: My Unbelievable Kidnapping (r) **12.25am** Chloe Ayling: My Unbelievable Kidnapping (r) **1.10** Chloe Ayling: My Unbelievable Kidnapping (r) **2.00-6.00** BBC News

### BBC1 Scotland

**1.00am** Scotcast. Debate on news stories (r) **1.35-6.00** BBC News

### BBC1 Wales

**7.00pm-7.30** SOS: Extreme Rescues  
**10.40** Rookie Cops (r) **11.10** Chloe Ayling: My Unbelievable Kidnapping (r) **11.55** Chloe Ayling: My Unbelievable Kidnapping (r) **12.40am** Chloe Ayling: My Unbelievable Kidnapping (r) **1.30-6.00** BBC News

### BBC2 Wales

**7.00pm-7.30** The One Show

### STV

**3.50-5.05** Unwind with STV

### BBC Scotland

**7.00pm** Reporting Scotland: News at Seven **7.30** Scotland's Home of the Year 2023 (r) **8.00** This Farming Life (r) **9.00** The Hunt for Bible John (r) **10.00** River City. A jealous Drew makes a move to take revenge  
**10.30** Gary: Tank Commander (r)  
**11.00** Scotcast **11.30-12.00** David Wilson's Crime Files: Cold Cases (r)

### S4C

**7.30pm** News; Weather **7.50** Eisteddfod Genedlaethol 2025. The Open Choir competition, plus some of the performances at Llwyfan y Maes and Ty Gwerin **10.30-11.35** Am Dro! — Am Dro Steddfof! (r)

## PBS America

**8.00am** America the Bountiful **8.35** Wrecks That Changed the World **9.35** Lincoln: Divided We Stand **10.35** Pearl Harbor: The Heroes Who Fought Back **11.40** Cleopatra: Portrait of a Killer **1.00pm** Wrecks That Changed the World **2.00** Jurassic Cash **3.15** Lincoln: Divided We Stand **4.15** Pearl Harbor: The Heroes Who Fought Back **5.20** Cleopatra: Portrait of a Killer  
**6.40** Wrecks That Changed the World. Doomed warships  
**7.40** Lincoln: Divided We Stand. The hunt for the man who assassinated President Abraham Lincoln (6/6)  
**8.40** Pearl Harbor: The Heroes Who Fought Back. A look at the attack  
**9.50** Cleopatra: Portrait of a Killer  
**11.05** Lincoln: Divided We Stand  
**12.00** Pearl Harbor: The Heroes Who Fought Back **1.05am** Wrecks That Changed the World

## Sky Atlantic

**6.00am** Fish Town (r) **8.00** True Blood (r) **10.05** Six Feet Under (r) **12.15pm** House of the Dragon (r) (AD) **1.25** Babylon Berlin (r) **3.35** True Blood (r) **5.40** Six Feet Under. Double bill of the drama series (r)  
**7.50** House of the Dragon. Rhaenyra struggles to come to terms with her murder of her son (r) (AD)  
**9.00** The White Lotus. Harper is blindsided by shocking evidence from Ethan's night out (4/7) (r) (AD)  
**10.10** True Detective. Damaged police officers Velcero, Bezzerides and Woodrugh struggle to keep the case straight (4/8) (r) (AD)  
**11.10** The Sopranos. Pilot episode of the US gangster drama starring James Gandolfini and Edie Falco (r)  
**12.20am** Succession. Drama series (r) (AD) **2.40** The Night Of. Drama (r) (AD) **3.45** House of the Dragon (r) (AD) **5.00** Urban Secrets (r)

## Sky Docs

**6.00am** The Good Fight Club (r)  
**7.00** Discovering Tommy Lee Jones (r) **8.00** The Directors (r) **9.00** Bad Host: Hunting the Couchsurfing Predator (r) (AD) **10.00** The Lady and the Dale (r) **11.00** The Man Who Played with Fire (r) **12.00** Stevie Van Zandt: Disciple (r) **2.50pm** Adam Hills: Foot Fault (r) (AD) **4.00** Discovering Tommy Lee Jones (r)  
**5.00** The Directors. Milos Forman (r)  
**6.00** **FILM: Spitfire (PG, 2018)** The story of British single-seat fighter plane the Supermarine Spitfire  
**8.00** The Invisible Pilot. The death of pilot Gary Betzner (2/3) (r) (AD)  
**9.00** **FILM: Tina (15, 2021)** The life of singer Tina Turner (AD)  
**11.10** The Apollo. Exploring the history of the Harlem venue (r)  
**1.10am** Schmeichel (r) (AD) **3.10** MoviePass, MovieCrash (r) (AD)  
**5.00** Discovering: Kate Winslet (r)

## U&Yesterday

**6.10am** Great British Railway Journeys **8.00** Bangers & Cash: Restoring Classics (AD) **10.00** Warbird Workshop **11.00** War Factories **12.00** Antiques Roadshow **2.00pm** Bangers & Cash (AD) **4.00** Warbird Workshop **5.00** War Factories. Documentary series  
**6.00** Antiques Roadshow  
**7.00** The Lakes with Simon Reeve. The adventurer explores the unique landscapes of the Lake District  
**8.00** Churchill: Winning the War, Losing the Peace. Documentary looking at why the war leader failed to be elected prime minister in 1945  
**9.00** Operation Arctic. Scientists monitoring the melting of glaciers  
**10.00** Bangers & Cash (AD)  
**11.00** Bangers & Cash (4/10)  
**12.00** Abandoned Engineering (AD)  
**2.00am** The Lakes with Simon Reeve **3.00** Teleshopping



# MindGames

## Poker Byron Jacobs

### When AK is not OK

In poker, games played at the mid to high-stakes are very different from those played at low to mid-stakes. The key difference is the number of players who see the flop. In high-stakes play it is common for one person to open with a raise and only one other player to call. These two then take the flop heads-up. Not so at the lower levels. In these games, when one player opens with a raise it is not unusual for two, three or even four players come along for the ride. Thus the post-flop play is often multiway, with anything from three to maybe five or even six players seeing the flop. So how do you navigate such games? Note the following tips.

First, let's state the obvious. In a multiway pot you need a better hand to win. Hands that are great heads-up become devalued as more players are in the pot. So, let's say you open with A♥-K♦ and get called by four other players. These players will have all kinds of speculative hands: 3-3, 8-6 suited, J-10, A-6 suited etc. The flop comes A♠-J♠-9♠. In principle this is pretty good for you. Against one opponent you may have 70 per cent equity with your top-pair, top-kicker hand. Against four opponents, you could be down to 30-35 per cent. You now bet and three of your opponents call. If you were heads-up you would feel pretty confident. Multiway – not so much.

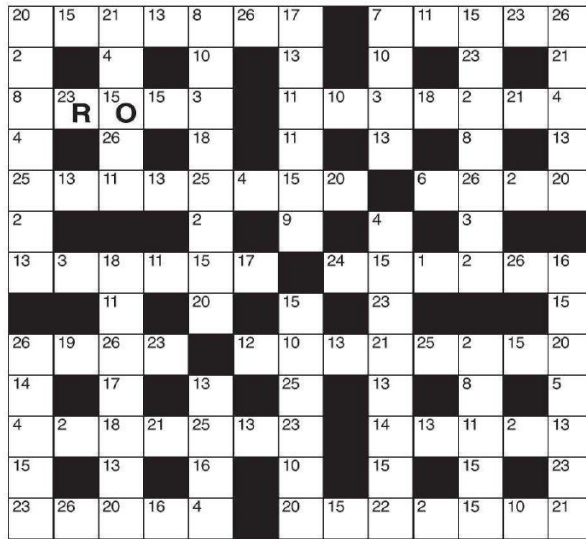
On the turn, any club, queen, jack, ten, nine or eight should trigger a check – these cards complete flushes and two-pair or straight combinations. If, after the check, someone bets and is raised, then fold – in the face of this action, your hand is junk. Even a bet and a call puts you in a tough spot: the original bettor has fired into three opponents on a scary board – they should be very strong.

Sobering. A powerful heads-up hand can become relatively feeble multiway. So how do you make money in these games? First, the trap hands (as above) are inevitable – ensure you get away from them cheaply. Second, join in the multiway fun and games but only when you have a hand that has potential to become super-strong.

So, there is an original raise and a couple of callers. Do not play random unsuited high card combinations (eg, K-Q, K-J, J-10 etc). These holdings excel in making good but second-best hands – the exact antithesis of what you actually want. Instead, play holdings such as A-x suited, K-x suited and low pairs. The former two make powerful flushes that can often get paid off by weaker flushes. Low pairs can make sets (eg 3-3 on a board of A-J-3), which again can get paid off (here by A-K and A-Q type hands).

Playing multiway, the enemy will often be very well armed in the post-flop play. You need to bring a bazooka to the party, not a pea-shooter.

## Codeword No 5599



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

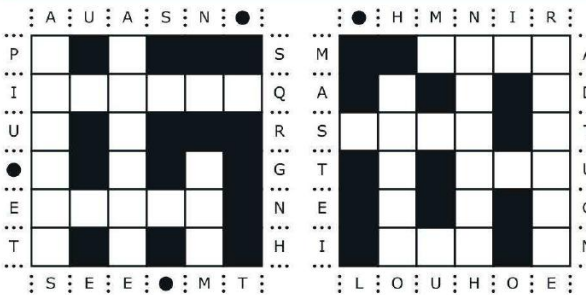
1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

Every letter in this crossword-style grid is represented by a number from 1 to 26. Each letter of the alphabet appears in the grid at least once. Use the letters already provided to work out the identity of further letters. Enter letters in the main grid and the smaller reference grid until all 26 letters of the alphabet have been accounted for. Proper nouns are excluded. *Yesterday's solution, right*

**Cueclines Stuck on Codeword?** To receive 4 random clues call 0901 293 6262 or text TIMECODE to 64343. Calls cost £1 plus your telephone company's network access charge. Texts cost £1 plus your standard network charge. For the full solution call 0905 757 0142. Calls cost £1 per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390 (Mon-Fri, 9am-5.30pm).

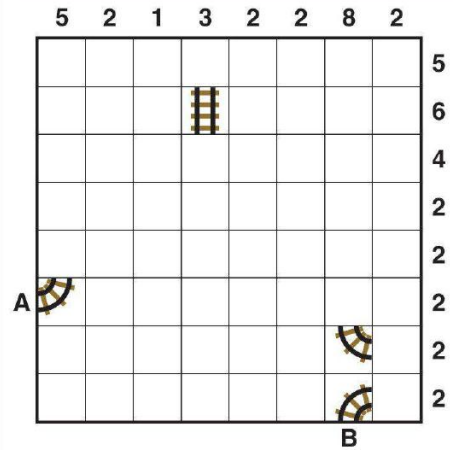
## Lexica Easy No 8307

Hard No 8308



Slide the letters either horizontally or vertically back into the grid to produce a completed crossword. Letters are allowed to slide over other letters

## Train Tracks No 2624



Lay tracks to enable the train to travel from village A to village B. The numbers indicate how many sections of track go in each row and column. There are only straight sections and curved sections. The track cannot cross itself.

## Quintagram®

Solve all five cryptic clues using each letter underneath once only

1 Resistance unit sent back inside farmhouse (3)

2 Discarded goods from planes by a motorway (6)

3 Parents penning article backing country (6)

4 Leading footballer's skill (7)

5 Approval for each assignment (10)

A	A	A	A	A	D	E	E
E	G	H	H	I	I	I	J
M	M	M	M	N	N	N	O
O	P	P	R	S	S	S	T

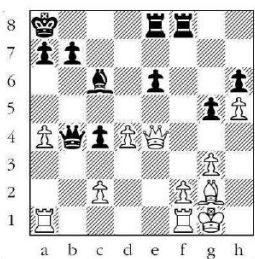
Challenge your mind with these fiendish word and number puzzles



timesbookshop.co.uk

For more puzzles, including Mini Sudoku, extra Codeword, Train Tracks and Futoshiki go to page 10

## Winning Move

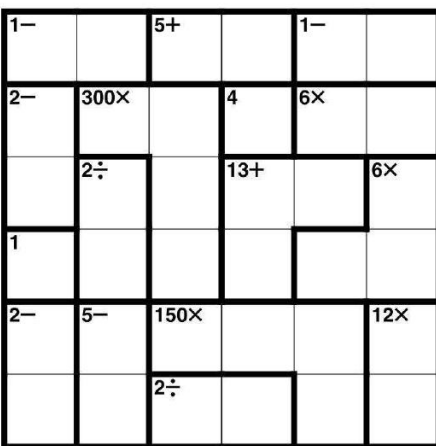


### White to play.

This position is from Lowinger-Playa, Titled Tuesday, chess.com 2025.

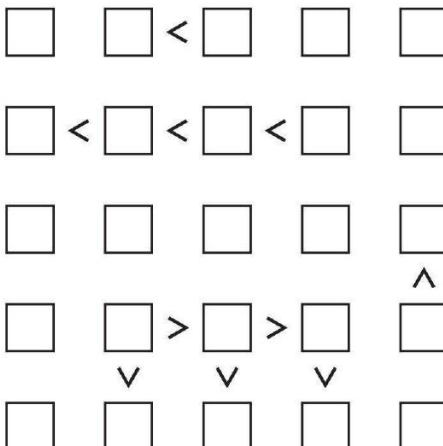
Games from the Titled Tuesday events on chess.com are played at blitz speed with the players having just a few minutes to complete the entire game. This means that tactics predominate. All the strategic and positional skill in the world will not help if you make big tactical blunders. What has Black missed here?

## KenKen Medium No 6591



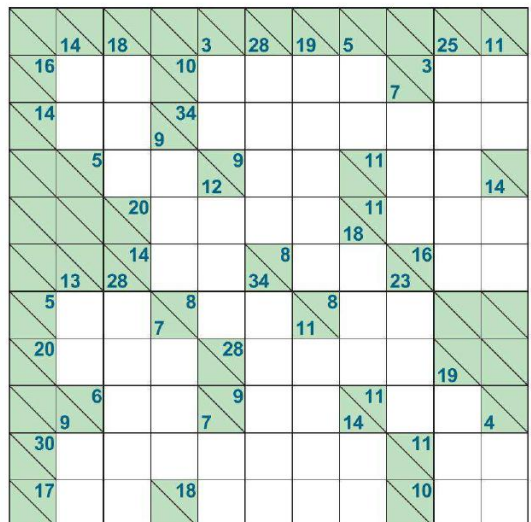
All the digits 1 to 6 must appear in every row and column. In each thick-line "block", the target number in the top left-hand corner is calculated from the digits in all the cells in the block, using the operation indicated by the symbol.

## Futoshiki No 5139



Fill the blank squares so that every row and column contains each of the numbers 1 to 5 once only. The symbols between the squares indicate whether a number is larger (>) or smaller (<) than the number next to it.

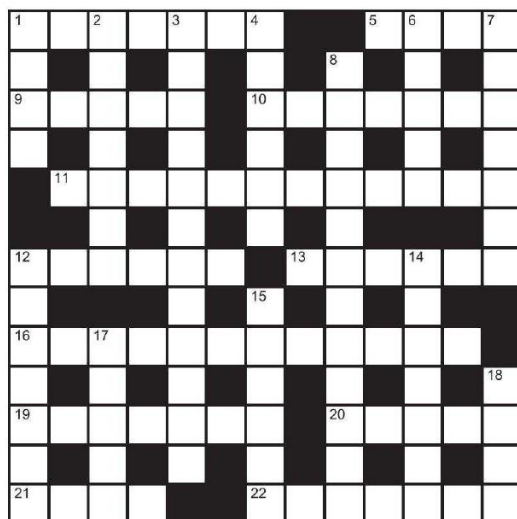
## Kakuro No 4098



Fill the grid using the numbers 1 to 9 only. The numbers in each horizontal or vertical run of white squares add up to the total in the triangle to its left or above it. The same number may occur more than once in a row or column, but not within the same run of white squares.



## times2 Crossword No 9915



- Across
- 1 Dare (to) (7)  
5 In ---, instead (of) (4)  
9 Group dance performed in a line (5)  
10 Female aristocratic title (7)  
11 Added-on period at the end of a football match (8,4)  
12 Per ---, for every person (6)

- 13 Property renter (6)  
16 Reasoned or remonstrated (with) (12)  
19 Rada or Asbo, eg (7)  
20 Mediterranean holiday island (5)  
21 Series of items to remember (4)  
22 Overall (7)

## Solution to Crossword 9914

RECOVER THIGH  
E H A E W N I  
CHASM FRISSE  
L I P L N U N  
AIRLINER PLAY  
I R X H A  
MULTICOLOURED  
A C L N A  
CUTE TOMORROW  
O E V G L O D  
MARTINI USUAL  
M A E S L N E  
ALLOW THUNDER

Need help with today's puzzle? Call 0905 757 0143 to check the answers. Calls cost £1 per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390 (Mon-Fri 9am-5.30pm).

## Bridge Andrew Robson

## Forcing or Non-forcing

## (20) After the dustbin INT

Usually when responder bids the dustbin INT, the partnership will not play in game. They'll be trying to stop in a sensible resting spot at the Two-level. Opener's rebids at the Two-level (up to the repeat of her first suit) are non-forcing, although a new-suit rebid at the Two-level can be up to 17-even-18 points because jumps in new suits, as usual, are game-forcing.

You open 1♥ and partner responds INT, 5-8(9) points without four spades or (normally) three hearts. What now with these?

♠ A73 ♠ 2 ♠ KJ74  
♥ QJ742 ♥ A942 ♥ AK62  
♦ KJ72 ♦ KQ5 ♦ A7  
♣ 2 ♣ AK62 ♣ QJ2

With the first, rebid 2♦, a shape-showing rebid (at least 5♥-4♦) not a strength-showing one. Partner is allowed to pass but will try to bid with an upper-range hand, often giving a false preference back to 2♥ with, say 2♥-3♦.

With the second, bid a quiet 2♠. The bidding won't often end there. If partner now gives a preference to 2♥, you can bid 3♦, the "5-4-3", a strong (about 16-18 points) but not quite forcing bid — see deal.

With the third, raise to 2NT, 17-18 balanced(ish). Note, over this 2NT, a 3♠/♦ bid by responder is weak, rescuing into a six-card suit, perhaps with only five points.

Here are three more rebid problems, again after 1♥-INT.

♠ AQ73 ♠ KQ3 ♠ 74  
♥ Q8742 ♥ AQJ742 ♥ AKJ432  
♦ K2 ♦ 5 ♦ A  
♣ A3 ♣ AJ2 ♣ AKJ2

With the first, you should simply pass. You know there's no spade fit (partner never responds INT with four spades) and probably no heart fit. There aren't the values for game so ... that's it. End.

With the second, jump to 3♥. This is invitational (16+ pts) but non-forcing.

With the third, jump to 3♠, unequivocally game-forcing.

Dealer ♠

♠ Q105  
♥ J6  
♦ Q8654  
♣ J83

♠ A96  
♥ 95  
♦ J73  
♣ A1094

♠ 4  
♥ AK742  
♦ AK2  
♣ K652

S	W	N	E
1♥	Pass	INT	Pass
2♠(1)	Pass	2♥(2)	Pass
3♦(3)	Pass	Pass(4)	Pass

- (1) Shape-showing (at least 5♥-4♦) not strength-showing (up to 18 pts).  
(2) Classic "false preference" (in the sense that North prefers clubs).  
(3) The 543, constructive but non-forcing.  
(4) Happy to pass in a fit, no question of bidding on with such drab values.

Knowing declarer had only one spade, West led ♦10 to cut down ruffing. Declarer won ♠A and led ♠4 to ♠10. East won ♠J and led ♠7. Winning ♠K, declarer played ♠AK and ruffed ♠2 with ♠6. East overruffed with ♠J and led ♠6. Ruffing, declarer ruffed ♠4 and (needing East to have ♠A) led ♠3 towards ♠K (East ducking). He now cashed ♥7. Nine tricks made.

andrew.robson@thetimes.co.uk

## Brain Trainer

EASY	53	+ 29	x 4	- 1/2 OF IT	÷ 4	- 17	+ 3/8 OF IT	x 6	- 109	DOUBLE IT	ANSWER
MEDIUM	12	+ 17	x 4	- 36	÷ 10	x 9	+ 1/4 OF IT	- 40	+ 1/10 OF IT	DOUBLE IT	ANSWER
HARDER	13	+ 49	x 3	÷ 3	HALVE IT	x 9	- 4/9 OF IT	+ 17	HALVE IT	- 19	ANSWER

## Polygon

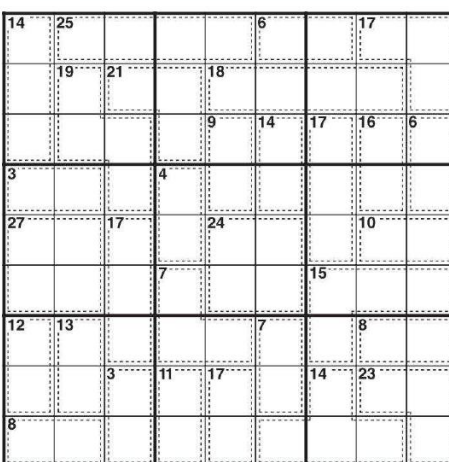


From these letters, make words of four or more letters, always including the central letter. Answers must be in the *Concise Oxford Dictionary*, excluding capitalised words, plurals, conjugated verbs (past tense etc), adverbs ending in LY, comparatives and superlatives. **How you rate** 15 words, average; 21, good; 24, very good; 28, excellent

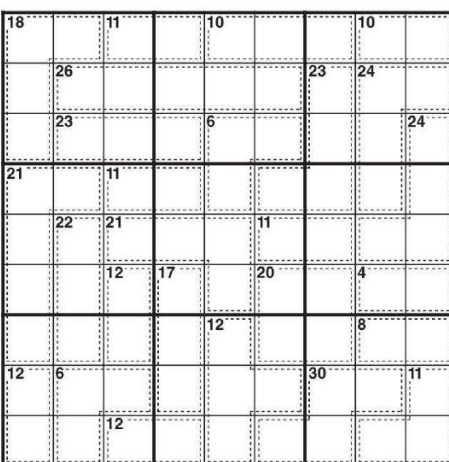
## Yesterday's answers

cel, cere, clue, creel, cruel, cue, cure, ecru, eel, enure, ere,erne, lee, leer, leu, luce, lucerne, lucre, lune, lure, née, rec, reel, rue, rule, rune, ulcer, uncle, unrel

## Killer Tricky No 10,236



## Killer Deadly No 10,237



As with standard Sudoku, fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9. Each set of cells joined by dotted lines must add up to the target number in its top-left corner. Within each set of cells joined by dotted lines, a digit cannot be repeated.

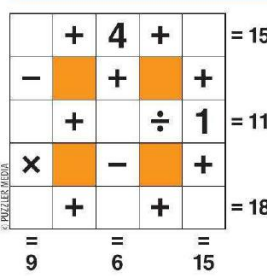
**Cluelines Stuck on Sudoku, Killer or KenKen?** Call 0901 293 6263 before midnight to receive four clues for any of today's puzzles. Calls cost £1 plus your telephone company's network access charge. SP: Spoke, 0333 202 3390 (Mon-Fri 9am-5.30pm).

## Cell Blocks No 5482



Divide the grid into square or rectangular blocks, each containing one digit only. Every block must contain the number of cells indicated by the digit inside it.

## Set Square No 4101



Enter each of the numbers from 1 to 9 in the grid, so that the six sums work. We've placed two numbers to get you started. Each sum should be calculated left to right or top to bottom.

Please note, BODMAS does not apply

## Solutions

## Quick Cryptic 3059

SPURIOUS SASH  
R O R M A W  
C O M B B R E A T H E R  
F O L I D  
P A S T O R A L A V E R  
N E E A T  
W E D G E S R E E F E R  
C H A R A L  
O R A L R E T A I N E R  
D R E A D I N G L E A F  
D G N I E T  
H E R E T O G E T H E R

## Codeword 5598

QUARK SLOPE  
W U J A O N  
O L D B O O Z Y W O E  
O E K E E  
D E R V L E A B R A D  
W I R E G E L L  
O R Y X V H A I D E  
K E E N R E E M I R  
I I I N O A  
N A G C L I M B O F F  
G H U L T O D T  
S T U D Y P O L Y P

## Kakuro 4097

8	4	1	6	2	5	1
9	8	2	4	3	6	3
6	2	2	1	3	8	8
3	7	1	1	3	3	1
6	9	3	1	8	2	9
1	8	2	9	4	1	6
3	9	9	5	9	3	7
1	7	7	3	9	8	1
7	1	7	5	1	2	8
9	2	8	7	3	5	9

## Sudoku 16,062

4	2	1	3	7	9	8	5	6
5	6	8	2	1	4	3	9	7
9	7	3	6	8	5	2	1	4
6	9	4	8	2	1	7	3	5
8	1	5	4	3	7	6	2	9
7	3	2	5	9	6	4	8	1
2	5	7	1	6	3	9	4	8
3	4	9	7	8	1	6	2	5
1	8	6	9	4	2	5	7	3

## Sudoku 16,063

2	9	3	4	1	6	8	5	7
4	7	5	8	2	9	3	1	6
6	1	8	7	5	3	2	4	9
1	5	2	9	8	4	7	6	3
8	3	9	6	7	1	4	2	5
7	4	6	5	3	2	1	9	8
3	8	1	2	9	5	6	7	4
9	6	7	1	4	8	5	3	2
5	2	4	3	6	7	9	8	1

## Sudoku 16,064

7	8	3	4	2	5	9	6	1
6	5	2	8	1	9	4	3	7
1	9	4	3	7	6	2	8	5
5	6	7	1	9	8	3	4	2
2	4	8	7	6	3	1	5	9
3	1	9	2	5	4	6	7	8
4	3	5	9	8	1	7	2	6
9	2	6	5	3	7	8	1	4
8	7	1	6	4	2	5	9	3

## Killer 10,234

5	6	3	1	9	7	2	8	4
9	1	8	2	4	5	6	3	7
7	4	2	8	6	3	5	9	1
2	8	1	7	3	4	9	5	6
3	5	9	6	1	8	7	4	2
6	7	4	5	2	9	8	1	3
8	3	6	9	7	1	4	2	5
4	2	5	3	6	1	7	9	8
1	9	7	4	5	2	3	6	8

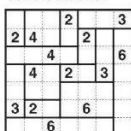
## Killer 10,235

8	2	7	9	5	1	3	4	6
9	3	1	4	2	6	7	8	5
5	4	6	8	7	3	9	2	1
3	1	4	6	8	2	5	7	9
6	9	5	3	4	7	2	1	8
7	8	2	5	1	9	4	6	3
1	5	8	7	3	4	6	9	2
4	6	3	2	9	8	1	5	7
2	7	9	1	6	5	8	3	4

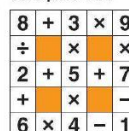
## Tetoror 593

324	52	96	34
12 x 27	43 + 9	92 + 4	18 + 16
39	224	55	336
27 + 12	28 x 8	8 48 + 7	48 x 7
85	19	288	60
5 x 17	4 + 15	16 x 18	15 x 4
36	368	22	387
28 + 8	92 x 4	5 + 17	43 x 9

## Cell Blocks 5481



## Set Square 4100



## Lexica 8305



## Futoshiki 5138

2	4	5	1	<	3
5	5	2	4	1	
5	1	3	2	4	
1	5	4	5	2	
4	>	2	>	1	<

## KenKen 6590

1	3	6	5	4	2
5	2	1	6	3	4
4	6	5	1	2	3
2	1	3	4	6	5
6	4	2	3	5	1
3	5	4	2	1	6

## Lexica 8306



## Today's solutions

## Concise Quintagram

- 1 Dee  
2 Black  
3 Straw  
4 Whitehall  
5 Jack-the-lad

## Cryptic Quintagram

- 1 Ohm  
2 Jetsam  
3 Panama  
4 Heading  
5 Permission

## Suko 4500

9	6	7
27	18	7
8	4	1
20	10	
5	3	2

## Brain Trainer

- Easy 178  
Medium 110  
Harder 67

## Word watch

## Pediculation (b)

The process of growing a stalk (Collins)

## Would (b)

To wind a rope around (Chambers)

## Fulmen (c)

Thunder and lightning (OED)

## Chess — Winning Move

1 Qxc6! powers through.

After 1...bxc6 2 Bxc6+ Kx8

3 Rd1 Qxb1+ 4 Rxb1+ Kc7

5 Bxe8 Rxe8 6 Rd4 and White will be two pawns up in the endgame

## Quiz

1 Gracias 2 Hawaii

3 Northanger Abbey

4 George III 5 Tea 6 Harold

Wilson 7 Claude Monet

8 Elephant 9 Carisbrooke

Castle 10 Reliant Motor

Company 11 William

Walton 12 Rashomon

13 Machynlleth 14 Reno

15 George Harrison



# MindGames

For extra  
puzzles  
See page 10

## Word watch

David Parfitt

### Peduculation

- a A verbal faux pas  
b The process of growing a stalk  
c The art or practice of lecturing

### Woold

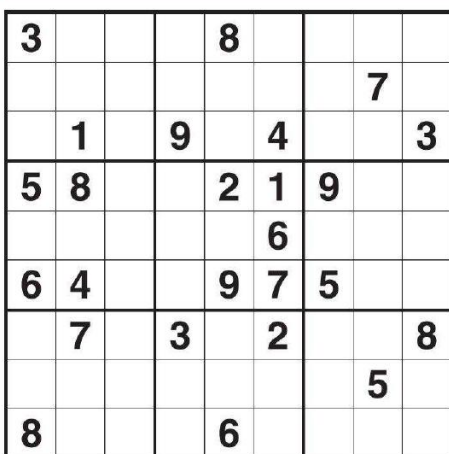
- a Involved in courtship  
b To wind a rope around  
c A tract of open rolling country

### Fulmen

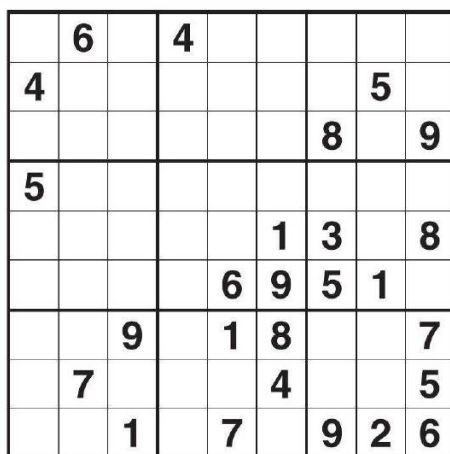
- a A neolithic stone formation  
b A smaller relative of the albatross  
c Thunder and lightning

Answers on page 15

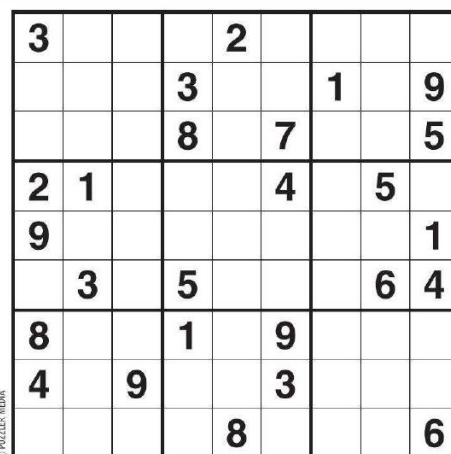
## Sudoku Difficult No 16,065



## Fiendish No 16,066



## Super fiendish No 16,067



Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

## The Times Daily Quiz Olav Bjortomt

1 What is the most common Spanish word for "thanks"?

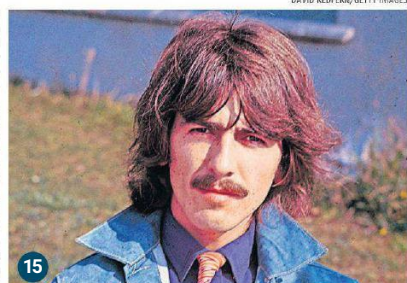
2 The dormant volcano Mauna Kea is the tallest peak in which US state?

3 Netley Abbey in Hampshire has been called the inspiration for the title location in which Jane Austen novel?

4 Which British monarch is often called "the mad king who lost America"?

5 According to legend, the Chinese emperor Shennong discovered which hot beverage in 2737BC?

6 In 1974, businessman Ronald Milhinch was



jailed for forging which Labour prime minister's signature?

7 Which French impressionist painter was diagnosed with cataracts in both eyes in 1912 at the age of 72?

8 David McKee created the children's book

series about Elmer the patchwork ... what?

9 At which Isle of Wight castle do donkeys demonstrate the treadmill that once raised water from its well?

10 Which Tamworth company acquired the Preston carmaker Bond

Cars (formerly Sharp's Commercial) in 1969?

11 In 1929, Paul Hindemith first performed which English composer's Viola Concerto?

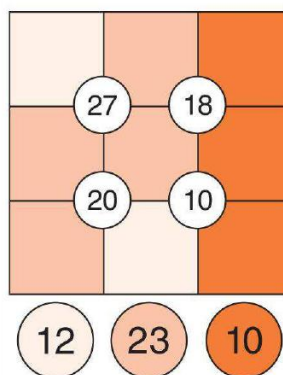
12 Martin Ritt's 1964 Western *The Outrage* is a remake of which Akira Kurosawa film?

13 In 1404, Owain Glyndwr established the first Welsh parliament at which market town in Powys?

14 Nicknamed the "Taj Mahal of tenpins", the National Bowling Stadium is in which city in Nevada?

15 Which English musician is pictured? Answers on page 15

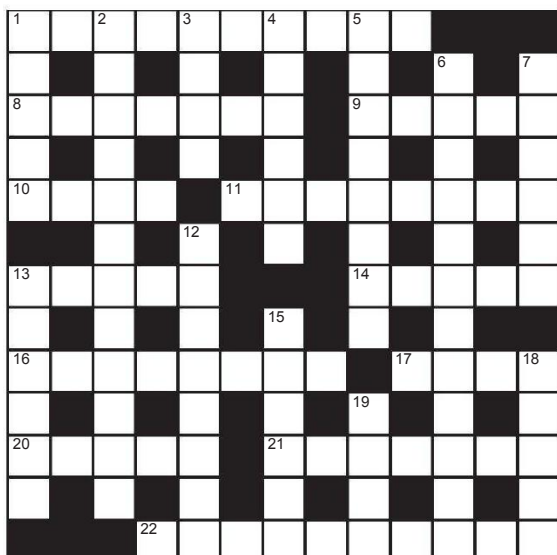
## Suko No 4500



Place the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of the four surrounding spaces, and each colour total is correct

For interactive puzzles visit [thetimes.com](http://thetimes.com)

## The Times Quick Cryptic No 3060 by Pedro



### Across

- 1 Ambience? A most peculiar piano in this place (10)
- 8 Suggestion from republican finance industry? (7)
- 9 Start to patronise London airport skipping new destination for extended flight? (5)
- 10 Be glum as motorcycle loses rear end (4)
- 11 Spray enveloping popular member of Cabinet (8)
- 13 Cordiality and warmth welcoming traveller at last (5)
- 14 Missile transporter missing opening (5)
- 16 Intimidating blokes acting out of turn to begin with (8)
- 17 Unproductive, with no soil, with no carbon (4)
- 20 Cancel regular publication after second article rejected (5)
- 21 Flexible element in the last ice-cap (7)
- 22 Foresight regarding Southern Channel Islands during change (10)

### Down

- 1 Recording almost entirely useless, from America (5)
- 2 Answer not hard to see in golf? Male coming over, being patronising? (12)
- 3 Second family hide (4)
- 4 Meal for Macbeth? Witches bringing in good one (6)
- 5 Rare slip after arranging retaliation (8)
- 6 Film comedian repaired broken statue (6,6)
- 7 Regret a lot of painful argument (6)
- 12 Very precise individual line in adhesive label (8)
- 13 Religious book extreme elements of holy men are loving at the outset (6)
- 15 Annoys park wardens, blowing top (6)
- 18 Appropriate place, hot, in French resort (5)
- 19 Asian resort erected one experimental location (4)

Yesterday's solution on page 15

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